

Flu Watch

MMWR Week 51: December 15 to December 21, 2019

All data are provisional and subject to change as more reports are received.

Geographic Spread

South Carolina reported widespread activity this week. This is the **sixth** consecutive week at widespread activity.

Virologic Surveillance

This week **245** lab-confirmed tests were

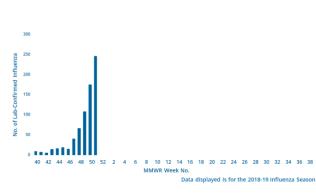
reported. In the current flu season, there

have been 708 lab-confirmed tests reported.

Influenza Activity



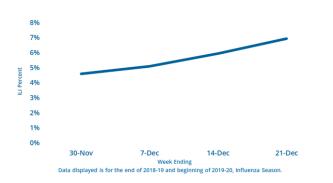
Overall, there was an increase in influenza activity this week.



Regional Influenza Activity



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 7.0%, which is **above** South Carolina's baseline (3.6%). The ILI activity level overall was **high**.



Influenza-Associated Hospitalizations

This week **96** influenza-associated hospitalizations were reported by **38** hospitals. The cumulative hospitalization rate is **8.0 per 100,000**. In the current flu season, there have been **407** influenza-associated hospitalizations.

Influenza-Associated Deaths

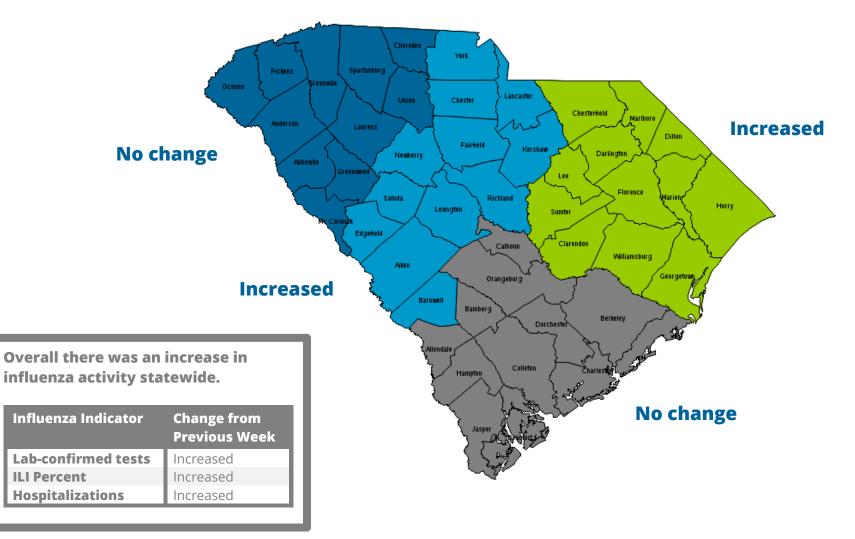
This week **1** influenza-associated death was reported. The cumulative mortality rate is **0.2 per 100,000**. In the current flu season, there have been **11** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: <u>https://www.scdhec.gov/FluWatch</u>

For national surveillance, please visit: <u>https://www.cdc.gov/flu/weekly/</u>

Influenza Activity*

In the 4 Public Health Regions, activity showed...



*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

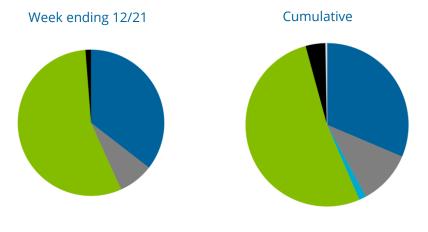
Virologic Surveillance

Lab-Confirmed Influenza Cases by Influenza Type To Date*								
	No. of Cases (%)							
Influenza Type	This Week	2019-20	2018-19	2017-18	5 season average			
Overall	245	708	124	281	134			
Influenza A	106(43.3)	308(43.5)	109(87.9)	236(84.0)	117(87.3)			
A(H3)		10(3.2)	8(7.3)	77(32.6)	50(42.7)			
A(H1N1)	19(17.9)	76(24.7)	27(24.8)	13(5.5)	8(6.8)			
A(NS)*	87(82.1)	222(72.1)	74(67.9)	146(61.9)	59(50.5)			
Influenza B	139(56.7)	398(56.2)	12(9.7)	43(15.3)	17(12.7)			
B (Victoria)	3(2.2)	28(7.0)	1(8.3)					
B(Yamagata)				10(23.3)	2(11.8)			
B (LND) ⁺	136(97.8)	370(93.0)	11(91.7)	33(76.7)	15(88.2)			
Influenza Virus Co-infection**	0(0.0)	2(0.3)	3(2.4)	2(0.7)	N/A			

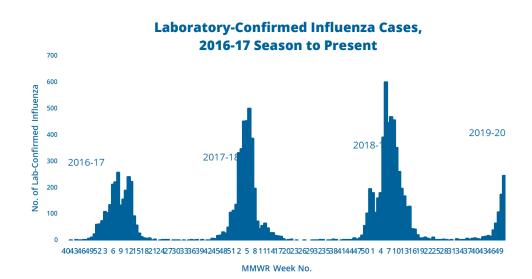
*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

**Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



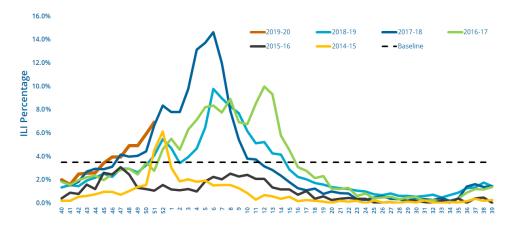
Influenza-Like Illness Surveillance

This week, the ILI activity level was **high** and **7.0%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.**

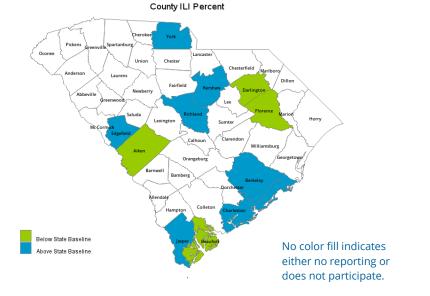
Reports were received from providers in 11 counties, representing all DHEC Public Health regions.

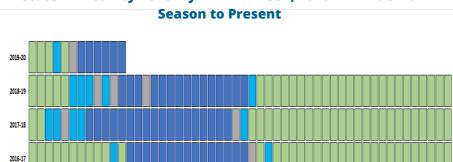
ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.





MMWR Week





State ILI Activity Level by MMWR Week, 2016-17 Influenza

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

40 41 42 43 44 45 46 47 48 49 50 51 52 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39

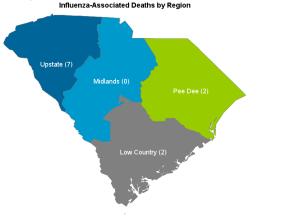
MMWR Week

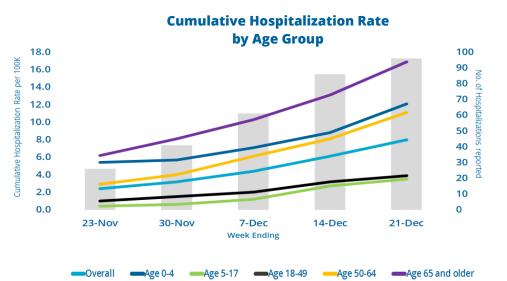
Influenza-Associated Hospitalizations and Deaths

Influenza-Associated Hospitalizations by Age Group*								
	No. of Hospitalizations (Rate)							
Influenza		Ages	Ages	Ages	Ages	Ages		
Season	Overall	0-4	5-17	18-49	50-64	65+		
This Week	96(1.9)	10(3.4)	7(0.9)	16(0.8)	30(3.0)	33(3.8)		
2019-20	407(8.0)	36(12.1)	29(3.5)	82(3.9)	112(11.1)	148(16.9)		
2018-19	238(4.7)	17(5.8)	10(1.2)	41(2.0)	66(6.6)	104(12.0)		
2017-18	398(8.0)	21(7.2)	22(2.7)	58(2.8)	77(7.8)	220(26.5)		
5 season average	324(6.7)	25(8.5)	19(2.3)	51(2.5)	70(7.2)	159(20.4)		

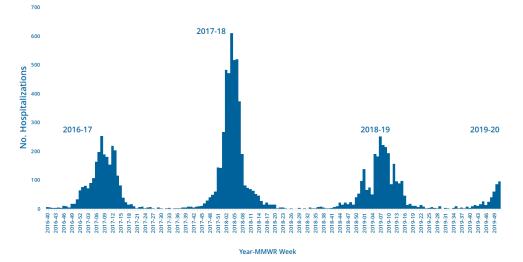
Influenza-Associated Deaths by Age Group*							
	No. of Deaths (Rate)						
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+	
This Week	1(0.0)			1(0.1)			
2019-20	11(0.2)			1(0.1)	1(0.1)	9(1.0)	
2018-19	16(0.3)	1(0.3)			7(0.7)	8(0.9)	
2017-18	15(0.3)				1(0.1)	14(1.7)	
5 season average	12(0.3)	0(0.1)		0(0.0)	3(0.3)	9(1.1)	

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Reported Influenza-Associated Hospitalization, 2016-17 Season to Present



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