

Flu Watch

MMWR Week 48: November 24 to November 30, 2019

All data are provisional and subject to change as more reports are received.

Geographic Spread

Virologic Surveillance

This week 49 lab-confirmed tests were

reported. In the current flu season, there

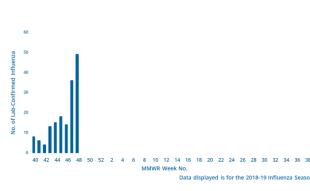
have been 163 lab-confirmed tests reported.

South Carolina reported widespread activity this week. This is the **third** consecutive week at widespread activity.

Influenza Activity



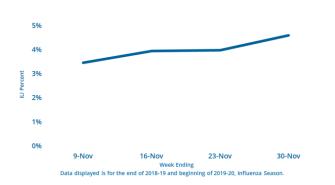
Overall, there was an increase in influenza activity this week.



Regional Influenza Activity



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 4.6%, which is **above** South Carolina's baseline (3.6%). The ILI activity level overall was high.



Influenza-Associated Hospitalizations

This week **41** influenza-associated hospitalizations were reported by **49** hospitals. The cumulative hospitalization rate is **3.2 per 100,000**. In the current flu season, there have been **164** influenza-associated hospitalizations.

Influenza-Associated Deaths

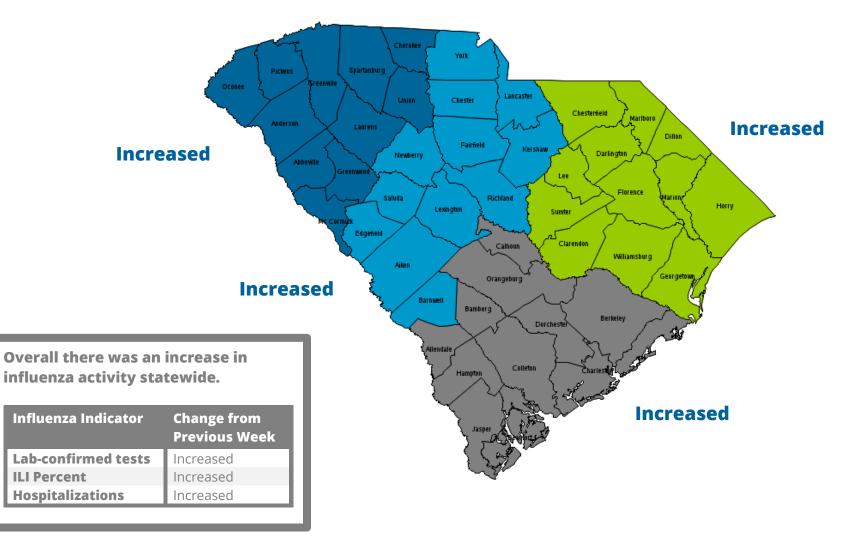
This week **1** influenza-associated death was reported. In the current flu season, there has been **4** influenza-associated death.

For a description of South Carolina's influenza surveillance components and definitions go to: <u>https://www.scdhec.gov/FluWatch</u>

For national surveillance, please visit: <u>https://www.cdc.gov/flu/weekly/</u>

Influenza Activity*

In the 4 Public Health Regions, activity showed...



*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

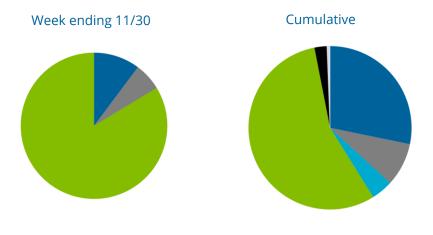
Virologic Surveillance

| Lab-Confirmed Influenza Cases by Influenza Type To Date* | | | | | | | | |
|--|------------------|----------|----------|----------|---------------------|--|--|--|
| | No. of Cases (%) | | | | | | | |
| influenza Type | This Week | 2019-20 | 2018-19 | 2017-18 | 5 season average | | | |
| Overall | 49 | 163 | 22 | 91 | 36 | | | |
| Influenza A | 8(43.5) | 67(41.1) | 17(77.3) | 77(84.6) | 30(83.3) | | | |
| A(H3) | | 7(10.4) | 1(5.9) | 24(31.2) | 12(40.0) | | | |
| A(H1N1) | 3(37.5) | 14(20.9) | 5(29.4) | 3(3.9) | 2(6.7) | | | |
| A(NS)* | 5(62.5) | 46(68.7) | 11(64.7) | 50(64.9) | 16(53.3) | | | |
| | | | | | | | | |
| Influenza B | 41(56.5) | 95(58.3) | 5(22.7) | 13(14.3) | 6(16.7) | | | |
| B (Victoria) | | 4(4.0) | 1(20.0) | | | | | |
| B(Yamagata) | | | | 3(23.1) | 1(16.7) | | | |
| B (LND) ⁺ | 41(100.0) | 91(96.0) | 4(80.0) | 10(76.9) | 5(83.3) | | | |
| | | | | | | | | |
| Influenza Virus Co-infection** | - | 1(0.6) | 0(0.0) | 1(1.1) | N/A | | | |

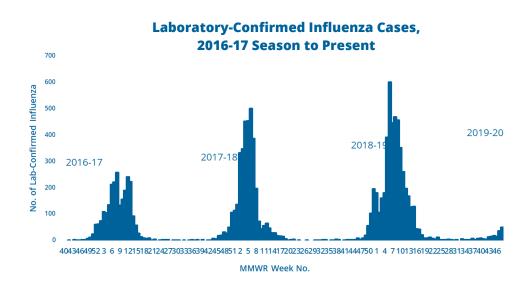
*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

**Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



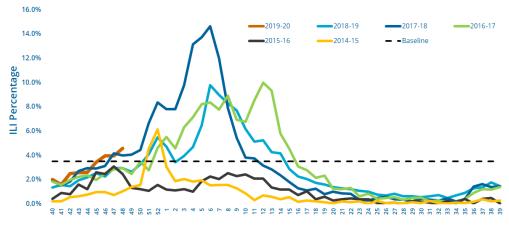
Influenza-Like Illness Surveillance

This week, the ILI activity level was **high** and **4.6%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.**

Reports were received from providers in **14** counties, representing all DHEC Public Health regions.

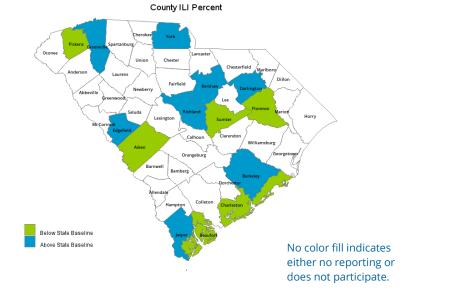
ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.

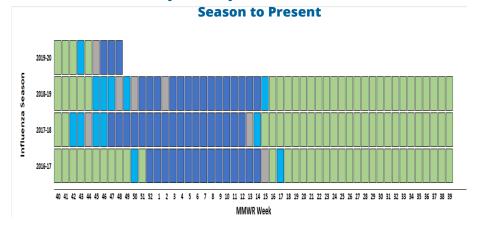




MMWR Week

State ILI Activity Level by MMWR Week, 2016-17 Influenza





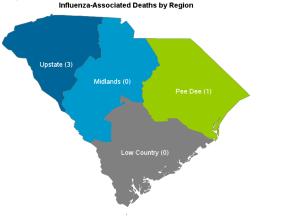
ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

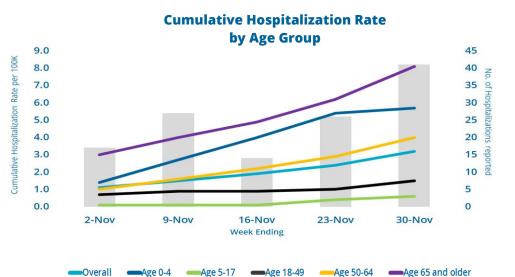
Influenza-Associated Hospitalizations and Deaths

| Influenza-Associated Hospitalizations by Age Group* | | | | | | | | |
|---|--------------------------------|---------|--------|---------|---------|----------|--|--|
| | No. of Hospitalizations (Rate) | | | | | | | |
| Influenza | | Ages | Ages | Ages | Ages | Ages | | |
| Season | Overall | 0-4 | 5-17 | 18-49 | 50-64 | 65+ | | |
| This Week | 41(0.8) | 1(0.3) | 2(0.2) | 10(0.5) | 11(1.0) | 17(1.9) | | |
| 2019-20 | 164(3.2) | 17(5.7) | 5(0.6) | 31(1.5) | 40(4.0) | 71(8.1) | | |
| 2018-19 | 127(2.5) | 6(2.0) | 5(0.6) | 23(1.1) | 33(3.3) | 60(6.9) | | |
| 2017-18 | 142(2.9) | 6(2.1) | 4(0.5) | 17(0.8) | 27(2.7) | 88(10.6) | | |
| 5 season average | 128(2.7) | 10(3.5) | 8(1.0) | 20(1.0) | 29(3.0) | 61(7.7) | | |

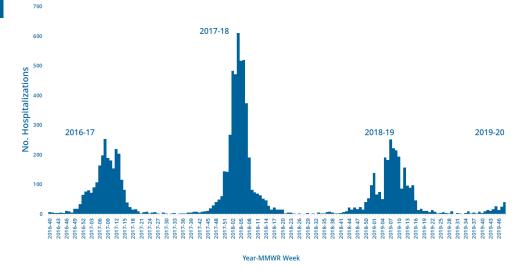
| Influenza-Associated Deaths by Age Group* | | | | | | | |
|---|----------------------|-------------|--------------|---------------|---------------|-------------|--|
| | No. of Deaths (Rate) | | | | | | |
| Influenza Season | Overall | Ages 0-4 | Ages 5-17 | Ages 18-49 | Ages 50-64 | Ages 65+ | |
| This Week | 1(0.0) | | | | | 1(0.1) | |
| 2019-20 | 4(0.1) | | | | 1(0.1) | 2(0.3) | |
| 2018-19 | 10(0.2) | 1(0.3) | | | 2(0.2) | 7(0.8) | |
| 2017-18 | 8(0.2) | | | | 1(0.1) | 7(0.8) | |
| 5 season | 7(0.2) | | | | 2(0.1) | 5(0.7) | |
| average | | | | | | | |

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