# A Clinician's Guide to Identifying and Diagnosing Monkeypox (MPX)

### **Presentation**

- Rash: Develops in stages and differs from other common rashes in that it is deep, painful, itchy, and umbilicated.
- Rash Distribution: May appear anywhere, including palms, soles, inside the mouth, and in the genital/ perianal area, mimicking STIs.
- Prodrome: Fever and flu-like illness may precede the rash by 1-3 days, but not always.
- Transmission: Direct contact with bodily fluids/ lesions from infected person or fomite.
- Population: Anyone can contract MPX. Outbreak is occurring among men who have had sex with multiple other men in the recent past.

## **Considering Testing Your Patient?**

Collect specimen of lesions using a synthetic swab while wearing appropriate PPE (gown, gloves, mask, and eyewear).

#### **Treatments**

Supportive care and pain control are mainstays; antivirals are available from DHEC for severe cases.











#### **CONTACT US!**

MPX is a *reportable disease*. Please contact your regional on-call epidemiologist if you suspect MPX.

