

CBG 'n Me

-Confetti Bean Salsa-



Ingredients

- 1 1/2 cups fresh or frozen corn
- 1 can reduced sodium red or black beans
- 1 large tomato
- 1 large sweet onion
- 1 teaspoon ground cumin
- 2 tablespoons olive oil
- 1 tablespoon lime juice



Instructions:

- Drain and rinse beans
- Chop tomato and onion
- Mix corn, beans, tomato, onion, cumin, olive oil and lime juice in a bowl
- Serve with tortilla chips, tacos or quesadillas