

# CBG 'n Me

-Everyday Hero Challenge-



# Instructions

An Everyday Hero is within every single person on this planet, and is expressed by simple, ordinary actions. Our world needs more heroes. It is our job to bring out the hero that lives inside of each of us, making this world a better place.

We challenge you to see how many of the Everyday Hero tasks you can complete:



Write a thank you note to someone



Draw a picture for someone



Tell someone 1 thing you like about them



Clean your room



Give your pet a bath



Pick up trash in your neighborhood



Make someone laugh



Smile at everyone you see