

# **Flu Watch**

### MMWR Week 9: February 23 to February 29, 2020

All data are provisional and subject to change as more reports are received.

### **Geographic Spread**

South Carolina reported widespread activity this week. This is the **sixteenth** consecutive week at widespread activity.

#### **Virologic Surveillance**

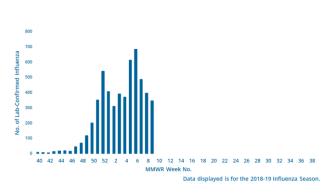
This week **346** lab-confirmed tests were reported. In the current flu season, there have been 5395 lab-confirmed tests reported.

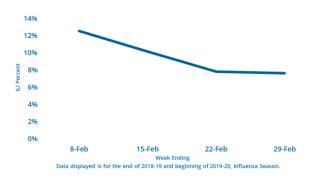


#### **Influenza Activity**



Overall, there was no change in influenza activity this week.





#### **Influenza-Associated Hospitalizations**

This week **201** influenza-associated hospitalizations were reported by 56 hospitals. The cumulative hospitalization rate is **50.3 per 100,000**. In the current flu season, there have been 2559 influenza-associated hospitalizations.

#### **Regional Influenza Activity**



#### Influenza-Like Illness Surveillance

The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was **7.7%**, which is **above** South Carolina's baseline (3.6%). The ILI activity level overall was **high**.

#### **Influenza-Associated Deaths**

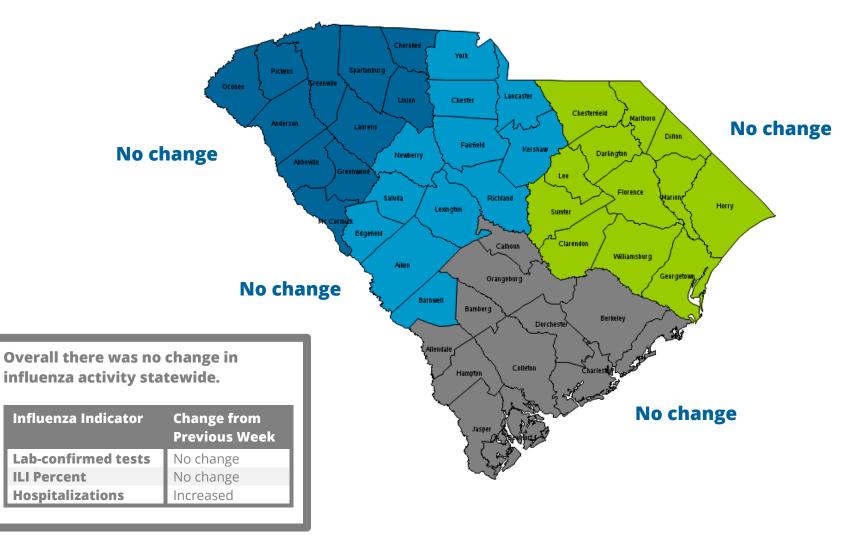
This week **7** influenza-associated deaths were reported however, 3 deaths occurred during previous weeks. The cumulative mortality rate is **1.8 per 100,000**. In the current flu season, there have been **93** influenza-associated deaths.

#### For a description of South Carolina's influenza surveillance components and definitions go to: https://www.scdhec.gov/FluWatch

For national surveillance, please visit: https://www.cdc.gov/flu/weekly/

# Influenza Activity\*

In the 4 Public Health Regions, activity showed...



\*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

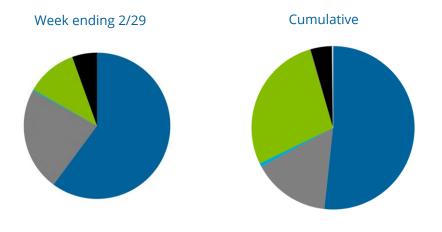
## **Virologic Surveillance**

| Lab-Confirmed Influenza Cases by Influenza Type To Date* |                  |            |            |            |                     |  |  |  |  |  |
|--|------------------|------------|------------|------------|---------------------|--|--|--|--|--|
|  | No. of Cases (%) |            |            |            |                     |  |  |  |  |  |
| Influenza<br>Type  | This<br>Week     | 2019-20    | 2018-19    | 2017-18    | 5 season<br>average |  |  |  |  |  |
| Overall  | 346              | 5395       | 3257       | 3443       | 1871                |  |  |  |  |  |
| Influenza A  | 288(83.2)        | 3657(67.8) | 3162(97.1) | 2552(74.1) | 1573(84.1)          |  |  |  |  |  |
| A(H3)  | 1(0.3)           | 39(1.1)    | 377(11.9)  | 515(20.2)  | 305(19.3)           |  |  |  |  |  |
| A(H1N1)  | 79(27.4)         | 829(22.7)  | 263(8.3)   | 196(7.7)   | 144(9.2)            |  |  |  |  |  |
| A(NS)*   | 208(72.2)        | 2789(76.3) | 2522(79.8) | 1841(72.1) | 1124(71.5)          |  |  |  |  |  |
|  |                  |            |            |            |                     |  |  |  |  |  |
| Influenza B  | 58(16.8)         | 1727(32.0) | 85(2.6)    | 882(25.6)  | 298(15.9)           |  |  |  |  |  |
| B (Victoria)   | 19(32.8)         | 229(13.3)  | 1(1.2)     | 1(0.1)     | 1(0.4)              |  |  |  |  |  |
| B(Yamagata)  |                  | 6(0.3)     |            | 47(5.3)    | 9(3.0)              |  |  |  |  |  |
| B (LND) <sup>+</sup>                                     | 39(67.2)         | 1492(86.4) | 84(98.8)   | 834(94.6)  | 288(96.6)           |  |  |  |  |  |
|  |                  |            |            |            |                     |  |  |  |  |  |
| Influenza Virus<br>Co-infection**                        | 0(0.0)           | 11(0.2)    | 10(0.3)    | 9(0.3)     | N/A                 |  |  |  |  |  |
| *NS – not subtyped *LND – lineage not determined         |                  |            |            |            |                     |  |  |  |  |  |

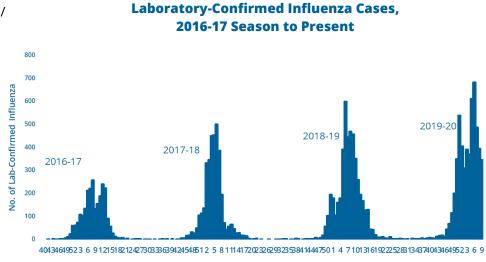
\*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

\*\*Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

#### Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



MMWR Week No.

## **Influenza-Like Illness Surveillance**

This week, the ILI activity level was **high** and **7.7%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.** 

Reports were received from providers in 14 counties, representing all DHEC Public Health regions.

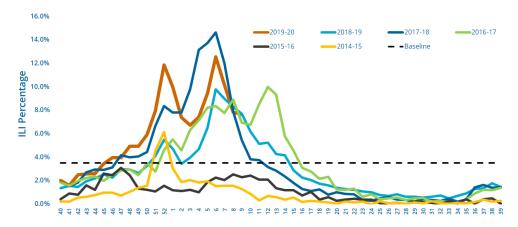
**\*\*ILI** percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.\*\*

County ILI Percent

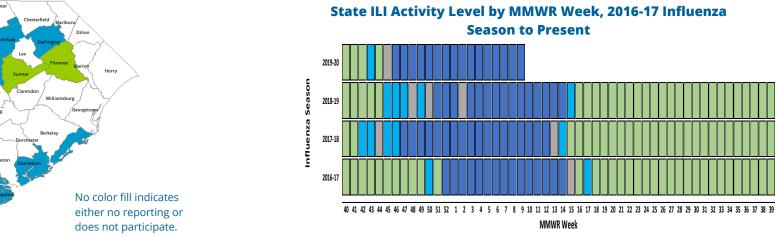
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#### Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons



**MMWR Week** 

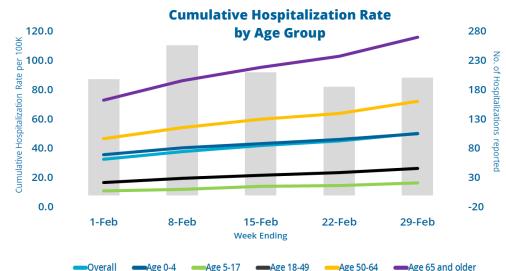




ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

MMWR Week

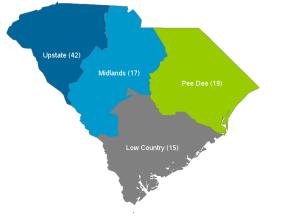
### **Influenza-Associated Hospitalizations and Deaths**



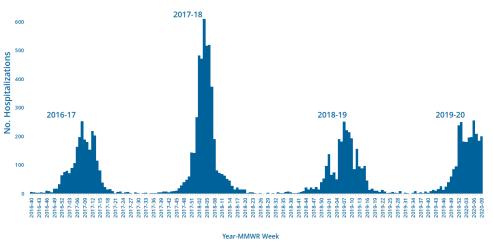
Influenza-Associated Hospitalizations by Age Group\* No. of Hospitalizations (Rate) Influenza Ages Ages Ages Ages Ages 65+ Season Overall 0-4 5-17 18-49 50-64 **This Week** 201(4.0) 40(1.9) 87(9.9) 8(2.7) 6(0.7) 60(5.9) 2559(50.3) 149(50.1) 136(16.6) 551(26.5) 729(72.2) 1015(116.0) 2019-20 2018-19 1835(36.5) 93(31.7) 96(11.8) 273(13.3) 451(45.2) 922(106.6) 2017-18 4071(82.1) 143(49.0) 119(14.8) 527(25.8) 934(94.2) 2348(283.0) 5 season 2143(43.7) 300(14.8) 480(48.9) 1167(146.4) 107(36.7) 89(11.1) average

| Influenza-Associated Deaths by Age Group* |                      |             |              |               |               |             |  |  |  |
|---|----------------------|-------------|--------------|---------------|---------------|-------------|--|--|--|
|   | No. of Deaths (Rate) |             |              |               |               |             |  |  |  |
| Influenza<br>Season                       | Overall              | Ages<br>0-4 | Ages<br>5-17 | Ages<br>18-49 | Ages<br>50-64 | Ages<br>65+ |  |  |  |
| This Week                                 | 4(0.1)               |             |              |               | 1(0.1)        | 3(0.3)      |  |  |  |
| 2019-20                                   | 93(1.8)              |             | 1(0.1)       | 18(0.9)       | 28(2.8)       | 46(5.3)     |  |  |  |
| 2018-19                                   | 65(1.3)              | 2(0.7)      | 1(0.1)       | 3(0.1)        | 18(1.8)       | 41(4.7)     |  |  |  |
| 2017-18                                   | 256(5.2)             | 3(1.0)      |              | 23(1.1)       | 46(4.6)       | 184(22.2)   |  |  |  |
| 5 season                                  | 102(2.1)             | 1(0.3)      | 1(0.1)       | 8(0.4)        | 18(1.8)       | 74(9.3)     |  |  |  |
| average                                   |                      |             |              |               |               |             |  |  |  |

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Reported Influenza-Associated Hospitalization, 2016-17 Season to Present



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