

Flu Watch

MMWR Week 13: March 22 to March 28, 2020

All data are provisional and subject to change as more reports are received.

Geographic Spread



South Carolina reported widespread activity this week. This is the **twentieth** consecutive week at widespread activity.

Influenza Activity



Overall, there was a decrease in influenza activity this week.

Regional Influenza Activity



Decreased



Decreased



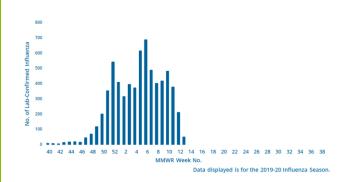
Decreased



Decreased

Virologic Surveillance

This week **50** lab-confirmed tests were reported. In the current flu season, there have been **6610** lab-confirmed tests reported.



Influenza-Like Illness Surveillance

The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was **6.6%**, which is **above** South Carolina's baseline **(3.6%)**. The ILI activity level overall was **high**.

Influenza-Associated Hospitalizations



This week **13** influenza-associated hospitalizations were reported by **35** hospitals. The cumulative hospitalization rate is **56.7 per 100,000**. In the current flu season, there have been **2883** influenza-associated hospitalizations.

Influenza-Associated Deaths

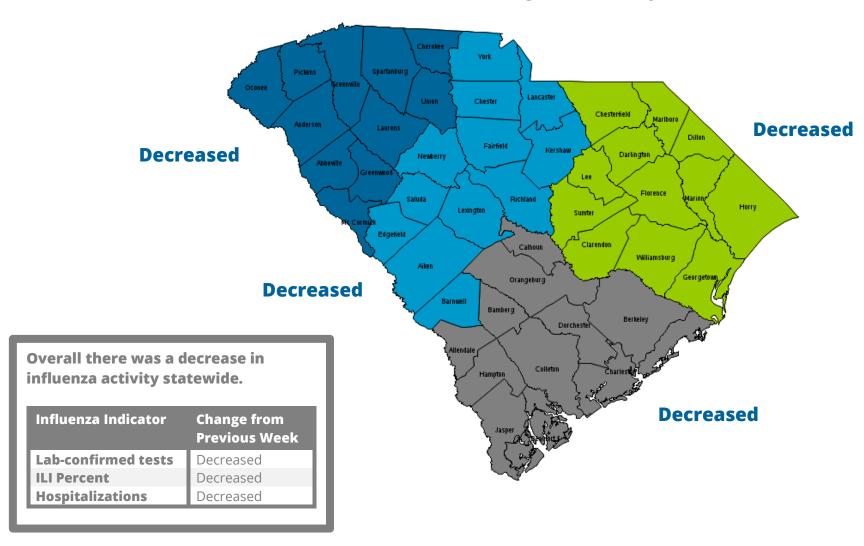
This week **2** influenza-associated deaths were reported. The cumulative mortality rate is **2.2 per 100,000**. In the current flu season, there have been **111** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: https://www.scdhec.gov/FluWatch

For national surveillance, please visit: https://www.cdc.gov/flu/weekly/

Influenza Activity*

In the 4 Public Health Regions, activity showed...



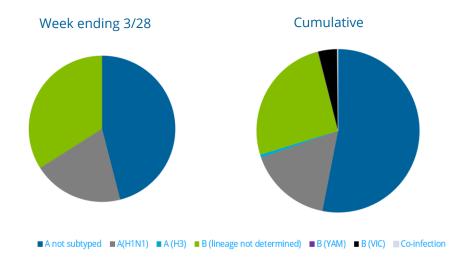
^{*}Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

Virologic Surveillance

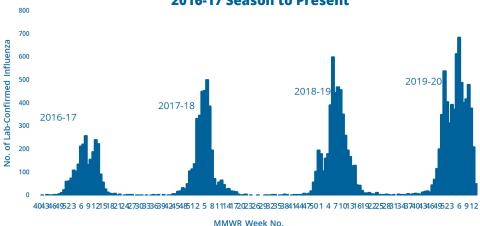
| Lab-Confirmed Influenza Cases by Influenza Type To Date* | | | | | | | | |
|--|------------------|------------|------------|------------|---------------------|--|--|--|
| | No. of Cases (%) | | | | | | | |
| Influenza Type | This Week | 2019-20 | 2018-19 | 2017-18 | 5 season average | | | |
| Overall | 50 | 6610 | 4210 | 3676 | 2388 | | | |
| Influenza A | 33(66.0) | 4644(70.3) | 4080(96.9) | 2654(72.2) | 1956(81.9) | | | |
| A(H3) | | 40(0.9) | 524(12.8) | 532(20.0) | 362(18.5) | | | |
| A(H1N1) | 10(30.3) | 1095(23.6) | 332(8.1) | 209(7.9) | 228(11.7) | | | |
| A(NS)* | 23(69.7) | 3509(75.6) | 3224(79.0) | 1913(72.1) | 1366(69.8) | | | |
| | | | | | | | | |
| Influenza B | 17(34.0) | 1956(29.6) | 119(2.8) | 1011(27.5) | 432(18.1) | | | |
| B (Victoria) | | 249(12.7) | 3(2.5) | 1(0.1) | 1(0.2) | | | |
| B(Yamagata) | | 6(0.3) | | 49(4.8) | 10(2.3) | | | |
| B (LND) ⁺ | 17(100.0) | 1701(87.0) | 116(97.5) | 961(95.1) | 421(97.5) | | | |
| | | | | | | | | |
| Influenza Virus Co-infection** | 0(0.0) | 10(0.2) | 11(0.3) | 11(0.3) | N/A | | | |

*NS – not subtyped *LND – lineage not determined

Laboratory-Confirmed Influenza Cases, by Virus Type



Laboratory-Confirmed Influenza Cases, 2016-17 Season to Present



^{*}Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

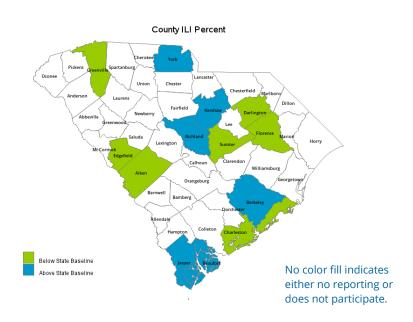
^{**}Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

Influenza-Like Illness Surveillance

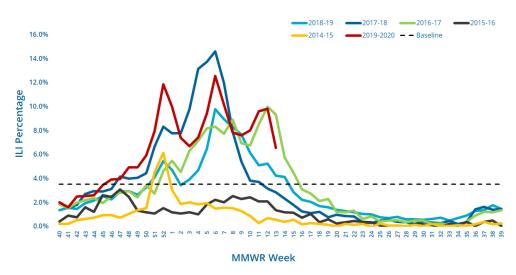
This week, the ILI activity level was **high** and **6.6%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%**.

Reports were received from providers in **13** counties, representing all DHEC Public Health regions.

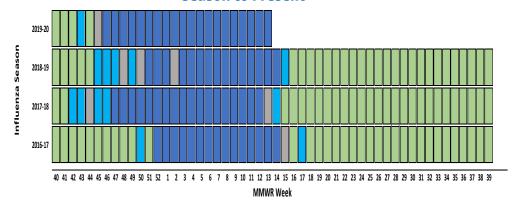
ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.



Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons



State ILI Activity Level by MMWR Week, 2016-17 Influenza Season to Present



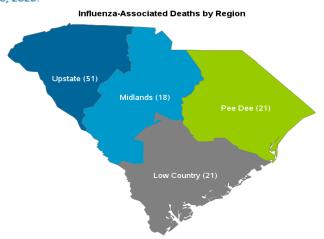
ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

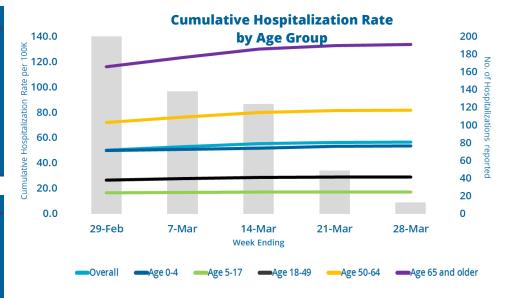
Influenza-Associated Hospitalizations and Deaths

| Influenza-Associated Hospitalizations by Age Group* | | | | | | | |
|---|--------------------------------|-----------|-----------|-----------|-------------|-------------|--|
| | No. of Hospitalizations (Rate) | | | | | | |
| Influenza | | Ages | Ages | Ages | Ages | Ages | |
| Season | Overall | 0-4 | 5-17 | 18-49 | 50-64 | 65+ | |
| This Week | 13(0.3) | 1(0.3) | | 2(0.1) | 3(0.3) | 7(0.8) | |
| 2019-20 | 2883(56.7) | 159(53.5) | 142(17.3) | 605(29.1) | 828(82.0) | 1170(133.7) | |
| 2018-19 | 2394(47.6) | 112(38.1) | 115(14.2) | 365(17.7) | 598(59.9) | 1204(139.3) | |
| 2017-18 | 4330(87.3) | 152(52.1) | 136(16.9) | 560(27.4) | 1003(101.2) | 2479(298.8) | |
| 5 season average | 2637(53.8) | 135(46.5) | 116(14.4) | 381(18.8) | 593(60.4) | 1412(177.0) | |

| Influenza-Associated Deaths by Age Group* | | | | | | |
|---|----------------------|-------------|--------------|---------------|---------------|-------------|
| | No. of Deaths (Rate) | | | | | |
| Influenza Season | Overall | Ages 0-4 | Ages 5-17 | Ages 18-49 | Ages 50-64 | Ages 65+ |
| This Week | 2(0.0) | | | | 2(0.1) | |
| 2019-20 | 111(2.2) | | 1(0.1) | 20(1.0) | 33(3.2) | 57(6.5) |
| 2018-19 | 86(1.7) | 2(0.7) | 1(0.1) | 6(0.3) | 21(2.1) | 56(6.5) |
| 2017-18 | 282(5.7) | 3(1.0) | | 27(1.3) | 49(4.9) | 203(24.5) |
| 5 season average | 123(2.5) | 1(0.3) | 1(0.1) | 11(0.5) | 22(2.2) | 88(11.0) |

^{*}Data presented from previous influenza seasons represent the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.





Reported Influenza-Associated Hospitalization, 2016-17 Season to Present

