

# **Flu Watch**

### MMWR Week 10: March 1 to March 7, 2020

All data are provisional and subject to change as more reports are received.

**Influenza Activity** 

### **Geographic Spread**

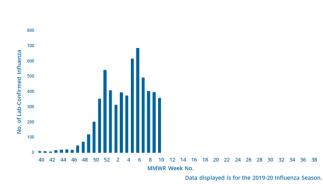
South Carolina reported widespread activity this week. This is the **seventeenth** consecutive week at widespread activity.

### Virologic Surveillance

This week **356** lab-confirmed tests were reported. In the current flu season, there have been **5811** lab-confirmed tests reported.



Overall, there was no change in influenza activity this week.

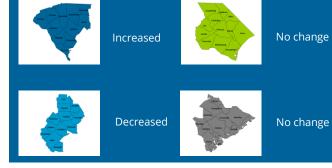


#### 1296 1096 8% 6% 4% 2% 0% 15-Feb 22-Feb 29-Feb 7-Mar Week Ending Data displayed Is for 2019-20. Influenza Season.

#### **Influenza-Associated Hospitalizations**

This week **138** influenza-associated hospitalizations were reported by **47** hospitals. The cumulative hospitalization rate is **53.1 per 100,000**. In the current flu season, there have been **2697** influenza-associated hospitalizations.

### <u>Regional Influenza Activity</u>



#### Influenza-Like Illness Surveillance

The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was **8.1%**, which is **above** South Carolina's baseline **(3.6%)**. The ILI activity level overall was **high**.

### **Influenza-Associated Deaths**

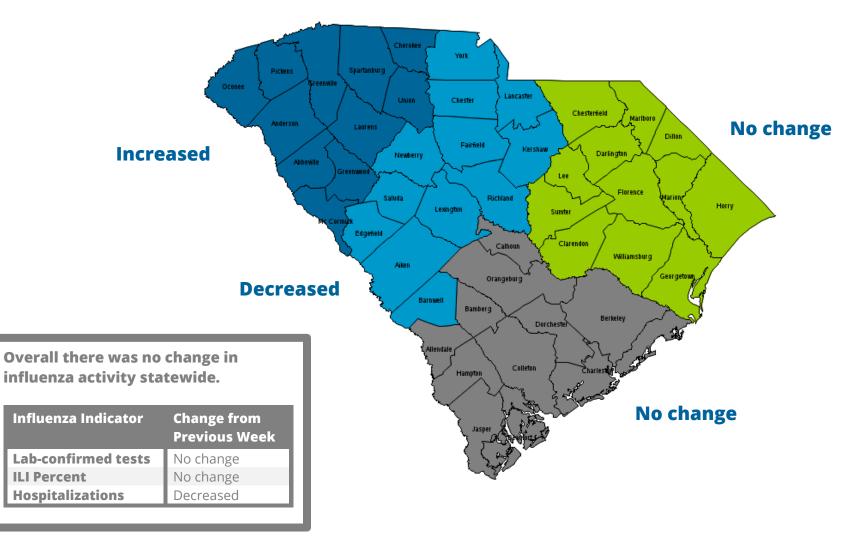
This week **6** influenza-associated deaths were reported however, 3 deaths occurred during previous weeks. The cumulative mortality rate is **2.0 per 100,000**. In the current flu season, there have been **99** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: <u>https://www.scdhec.gov/FluWatch</u>

For national surveillance, please visit: <u>https://www.cdc.gov/flu/weekly/</u>

# Influenza Activity\*

In the 4 Public Health Regions, activity showed...



\*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

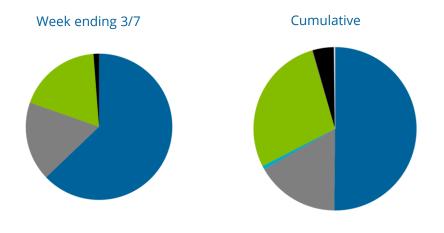
## **Virologic Surveillance**

Lab-Confirmed Influenza Cases by Influenza Type To Date*								
	No. of Cases (%)							
influenza Type	This Week	2019-20	2018-19	2017-18	5 season average			
Overall	356	5811	3602	3499	2028			
Influenza A	291(81.7)	4000(68.8)	3496(97.1)	2586(73.9)	1704(84.0)			
A(H3)		39(1.0)	428(12.2)	517(20.0)	324(19.0)			
A(H1N1)	58(19.9)	923(23.1)	291(8.3)	201(7.8)	177(10.4)			
A(NS)*	233(80.1)	3038(76.0)	2777(79.4)	1868(72.2)	1203(70.6)			
Influenza B	65(18.3)	1800(31.0)	96(2.7)	903(25.8)	324(16.0)			
B (Victoria)	4(6.2)	234(13.0)	3(3.1)	1(0.1)	1(0.3)			
B(Yamagata)		6(0.3)		47(5.2)	9(2.8)			
B (LND)⁺	61(93.8)	1560(86.7)	93(96.9)	855(94.7)	314(96.9)			
Influenza Virus Co-infection**	0(0.0)	11(0.2)	10(0.3)	10(0.3)	N/A			
*NS – not subtyped *LND – lineage not determined								

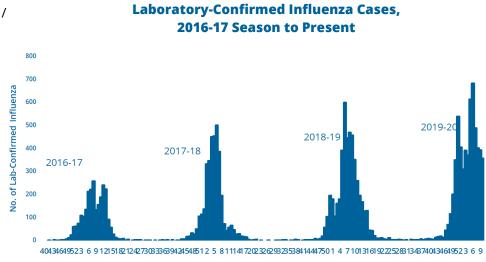
\*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

\*\*Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

#### Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



MMWR Week No.

## **Influenza-Like Illness Surveillance**

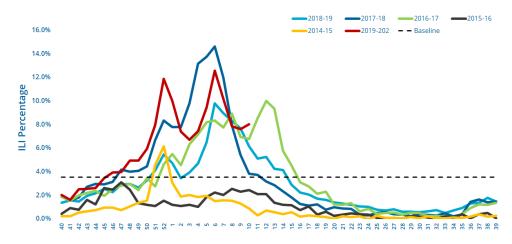
This week, the ILI activity level was **high** and **8.1%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.** 

Reports were received from providers in **14** counties, representing all DHEC Public Health regions.

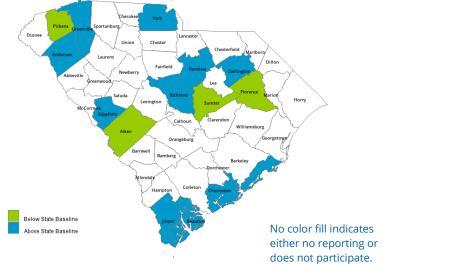
\*\*ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.\*\*

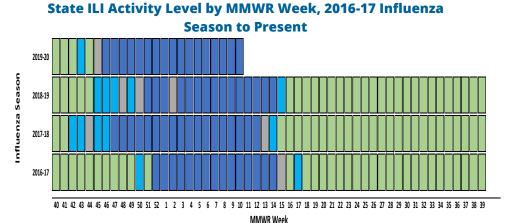
County ILI Percent

#### Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons



MMWR Week





ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

## **Influenza-Associated Hospitalizations and Deaths**

<sub>≚</sub> 140.0		Cumula	tive Hospita by Age Gro		te	280
120.0						230
Cumulative Hospitalization Rate per 100K 80.0 40.0 20.0 20.0						230 180 130 80
0.08 lization					_	130
<b>0.03</b>						150
H 40.0	_					80
20.0					_	30
0.0						-20
	8-Feb	15-Feb	22-Feb Week Ending	29-Feb	7-Mar	
	-Overall -	Age 0-4 Age	e 5-17 — Age 18-4	19 — Age 50-64	Age 65 and	d older

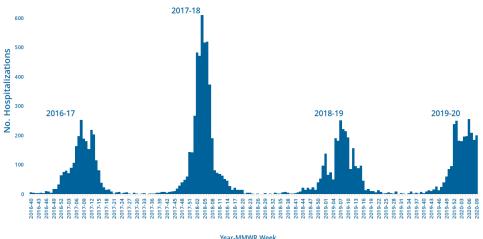
Influenza-Associated Hospitalizations by Age Group\* No. of Hospitalizations (Rate) Influenza Ages Ages Ages Ages Ages Overall 18-49 65+ Season 0-4 5-17 50-64 This Week 138(2.7) 2(0.7) 27(1.3) 64(7.3) 3(0.4)42(4.2) 2697(53.1) 151(50.8) 139(16.9) 578(27.8) 771(76.3) 1079(123.3) 2019-20 2018-19 2029(40.4) 98(33.4) 109(13.4) 309(15.0) 497(49.8) 1016(117.5) 2017-18 4144(83.6) 144(49.3) 124(15.4) 534(26.2) 958(96.7) 2384(287.4) 5 season 2306(47.1) 330(16.2) 516(52.6) 1242(155.9) 117(40.3) 101(12.6) average

Influenza-Associated Deaths by Age Group*							
	No. of Deaths (Rate)						
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+	
This Week	3(0.1)					3(0.3)	
2019-20	99(2.0)		1(0.1)	18(0.9)	28(2.8)	52(6.1)	
2018-19	73(1.5)	2(0.7)	1(0.1)	4(0.2)	21(2.1)	45(5.2)	
2017-18	269(5.4)	3(1.0)		26(1.3)	46(4.6)	194(23.4)	
5 season	110(2.2)	1(0.3)	1(0.1)	9(0.4)	20(2.0)	79(10.0)	
average							

\*Data presented from previous influenza seasons represent the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020. Influenza-Associated Deaths by Region



Reported Influenza-Associated Hospitalization, 2016-17 Season to Present



Flu Watch MMWR Week 10 March 1 – March 7, 2020

700