

Parent Information
School Age Children

Skin Care



Your child has a rash that may be dry skin.

The following instructions may help you handle this at home.

- Keep your child’s fingernails clean and cut short to keep from irritating the skin.
- Cotton clothing is best. Wool, man-made fibers, flannel, silk or feathers can irritate the skin.
- Use a gentle, moisturizing soap and water to keep the skin clean, but do not overwash. Too much soap can irritate the skin. Fragranced soaps can also irritate the skin. Look for soaps for sensitive skin. Children with sensitive skin may find antibacterial or deodorant soaps too drying.

- Lotions such as Lubriderm™ or petroleum jelly are recommended after bathing to moisturize the skin. Put the lotion on while your child’s body is still damp.
- Wash and rinse new sheets, pillow cases, and towels and clothing before using them. This helps to remove any chemicals that might have been used in making them. Use a mild detergent like Dreft™.
- If the rash does not get better after five to seven days or if your child is still scratching, take your child to a doctor or nurse practitioner.

Brand names used in this document are only meant to be examples. DHEC does not endorse any of the brand names in this document.

Child’s Name _____

School Nurse _____

Date _____

School _____

School Phone Number (_____) _____



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