



















Methods of Birth Control for men and women

What is the **chance** of getting pregnant?

Birth Control Method

| | |
|---|--|
|  <p>Less than 1 in 100</p> | <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Abstinence</p> </div> <div style="text-align: center;">  <p>Implant Contraceptives Nexplanon</p> </div> <div style="text-align: center;">  <p>Sterilization for Women</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>Sterilization for Men</p> </div> <div style="text-align: center;">  <p>IUD (intrauterine device) Liletta, Mirena, or Paragard®</p> </div> </div> |
|  <p>About 1–6 in 100, depending on the method</p> | <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Contraceptive Injection Depo Provera</p> </div> <div style="text-align: center;">  <p>Birth Control Pills (combined oral contraceptives)</p> </div> <div style="text-align: center;">  <p>Vaginal Contraceptive Ring</p> </div> <div style="text-align: center;">  <p>Contraceptive Patch</p> </div> </div> |
|  <p>About 12–28 in 100, depending on the method</p> | <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Male Condom</p> </div> <div style="text-align: center;">  <p>Diaphragm with Spermicide</p> </div> <div style="text-align: center;">  <p>Female Condom</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>Natural Family Planning (NFP)</p> </div> <div style="text-align: center;">  <p>Withdrawal</p> </div> <div style="text-align: center;">  <p>Spermicide creams, jellies, foams, suppositories and film</p> </div> </div> |
| <p>About 85 in 100</p> | <div style="text-align: center;">  <p>No Method</p> </div> |

When should it **be used**?

Emergency Contraception

After unprotected sex or birth control failure. **DO NOT** use as regular birth control.



Emergency contraception may help prevent pregnancy when used as directed.



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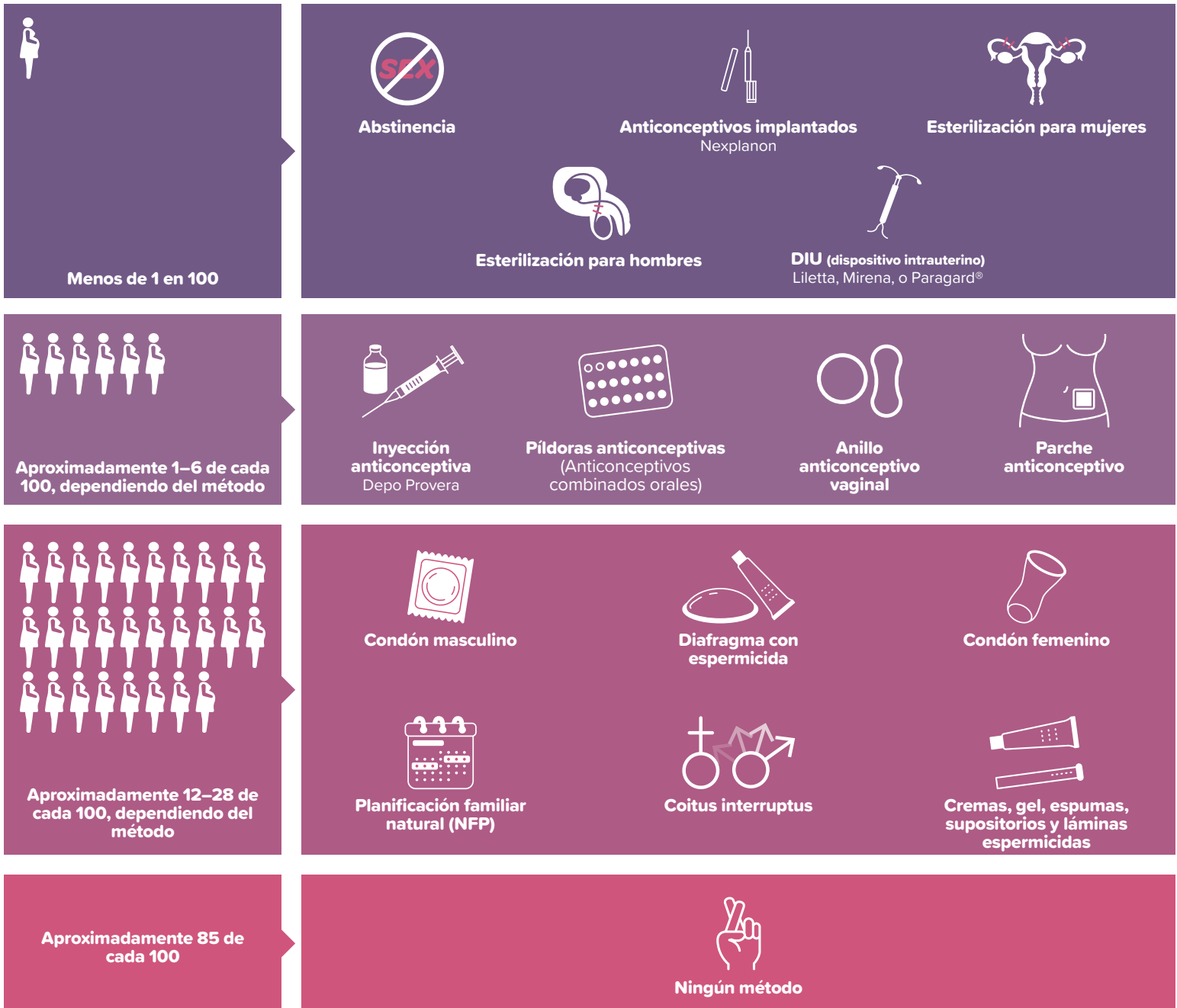
Family Planning
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Métodos anticonceptivos para hombres y mujeres

¿Cuál es la **probabilidad** de embarazo?

Método anticonceptivo



¿Cuándo debe **usarse**?

Anticonceptivos de emergencia

Usar después de tener relaciones sexuales sin protección o fallas de control de natalidad.
NO UTILIZAR como método anticonceptivo regular.



La anticoncepción de emergencia puede ayudar a prevenir el embarazo cuando se usa según las indicaciones.



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