

HELP STUDENTS QUIT

21.2% of SC high schoolers currently use e-cigarettes/vaping devices.



Three Tips to Help Students Quit Nicotine

1. Ask students about their use of nicotine-containing products, including e-cigarettes/vapes.
2. Advise them that quitting nicotine will help them stay healthy and be more successful in school.
3. Connect them with free quit support.

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- 63.6% of SC high schoolers who use e-cigarettes report trying to quit in the last 12 months.
 - Nearly half of these students were unable to stay quit for 30 days.
 - Kids who vape are more likely to smoke cigarettes in the future.
 - 7,600 kids under the age of 18 try cigarettes for the first time each year in South Carolina.

Scan the QR code for:

- Free quit support options for teens (ages 13-17).
- Information on alternatives to suspension.
- Youth tobacco prevention curricula and in-class activities.



SOUTH CAROLINA
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