SOUTH CAROLINA DEPARTMENT OF PUBLIC HEALTH

Flu Watch

MMWR Week 45: November 8, 2026 to November 14, 2026

All data are provisional and subject to change as more reports are received.

Geographic Spread

South Carolina reported **widespread activity** this week.

Influenza Indicators

Influenza Indicator	Change from Previous Week
Lab-confirmed tests	No Change
ILI Percent	Increased
Hospitalizations	No Change

Regional Influenza Activity



No Change



No Change



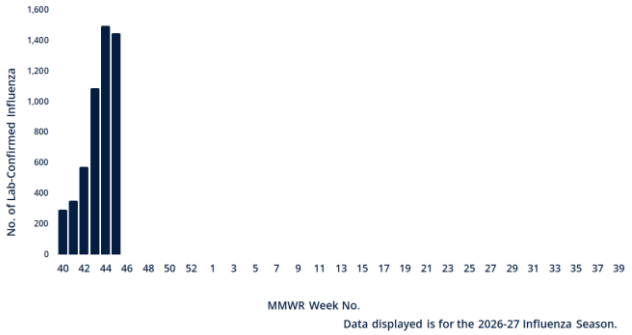
No Change



Increased

Virologic Surveillance

This week, **1444** lab-confirmed tests were reported. In the current flu season, there have been **5216** lab-confirmed tests reported.

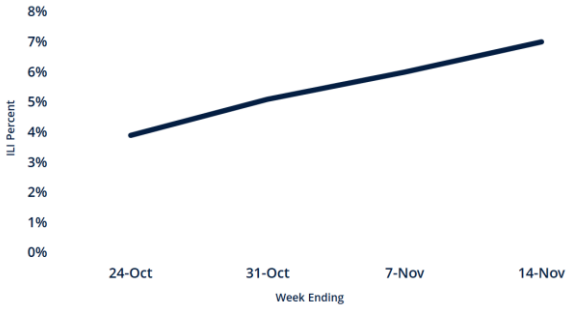


Influenza-Associated Hospitalizations

This week **197** influenza-associated hospitalizations were reported by **60** hospitals. The cumulative hospitalization rate is **14.7 per 100,000**. In the current flu season, there have been **749** influenza-associated hospitalizations.

Influenza-Like Illness Surveillance

The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was **7.0%**, which is higher than South Carolina's baseline (**3.2%**). The ILI activity level overall was **high**.



Influenza-Associated Deaths

This week, **1** influenza-associated death was reported. The cumulative mortality rate is **0.1 per 100,000**. In the current flu season, there have been **7** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: https://dph.sc.gov/professionals/public-health-data/flu-watch

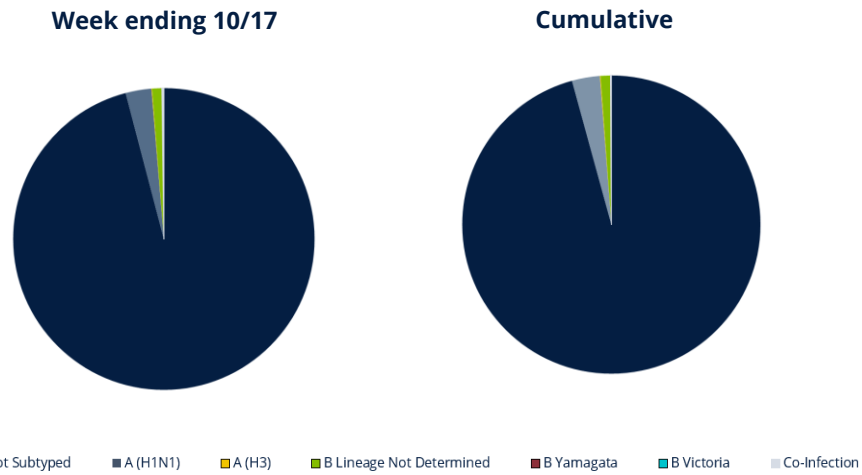
For national surveillance, please visit: https://www.cdc.gov/flu/weekly/

Virologic Surveillance

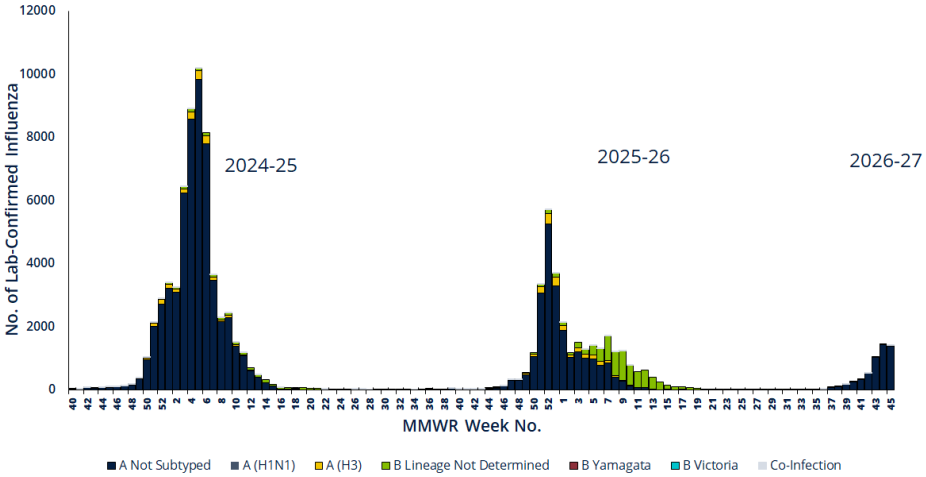
Lab-Confirmed Influenza Cases by Influenza Type to Date*					
	No. of Cases (%)				
Influenza Type	This Week	2026-27	2025-26	2024-25	5 Season Average
Overall	**1444**	**5216**	**244**	**436**	**6010**
Influenza A	**1426(98.8)**	**5156(98.8)**	**225(92.2)**	**383(87.8)**	**5513.4(91.7)**
A(H3)	1(0.1)	4(0.1)	22(9.8)	26(6.8)	143(2.6)
A(H1N1)	40(2.8)	158(3.1)	6(2.7)	14(3.7)	137.4(2.5)
A(NS)**	1385(97.1)	4994(96.9)	197(87.6)	343(89.6)	5233(94.9)
Influenza B	**15(1.0)**	**55(1.1)**	**13(5.3)**	**42(9.6)**	**485.4(8.1)**
B (Victoria)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	6.8(1.4)
B(Yamagata)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)
B (LND)+	15(100.0)	55(100.0)	13(100.0)	42(100.0)	478.6(98.6)
Influenza Virus Coinfection§	**3(0.2)**	**5(0.1)**	**6(2.5)**	**11(2.5)**	**10.8(0.2)**

*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2026-27 influenza season began on October 4, 2026 and will end on October 2, 2027.
**NS – not subtyped +LND – lineage not determined
§Cases with more than one influenza A subtype in the same sample or with influenza A and B viral types in the same sample simultaneously.

Laboratory-Confirmed Influenza Cases, by Virus Type



Laboratory-Confirmed Influenza Cases, 2024-25 Season to Present



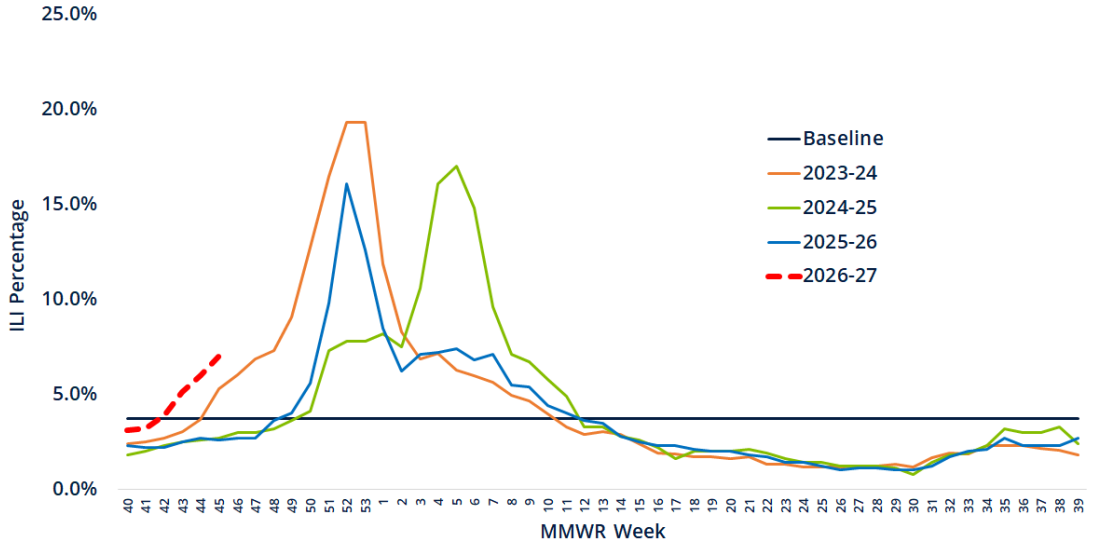
Influenza-Like Illness (ILI) Surveillance

This week, the ILI activity level was **high** and **7.0%** of patient visits to SC ILINet providers were attributed to an influenza-like illness. This is **higher than** the state baseline of **3.2%**.

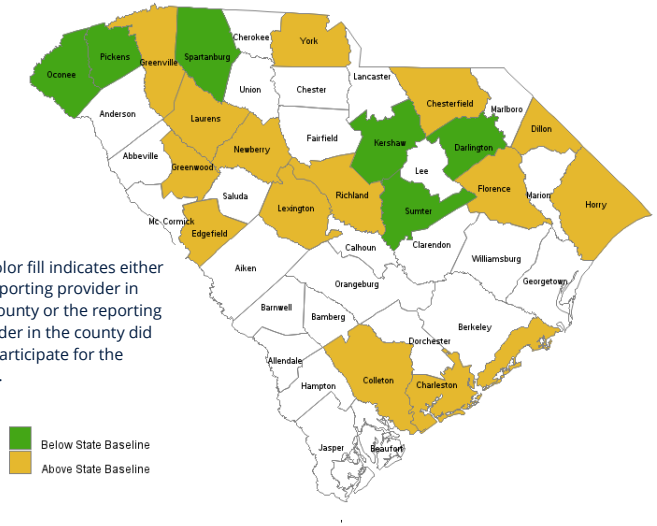
Reports were received from providers in **20** counties, representing all DPH Public Health regions.

ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.

Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons

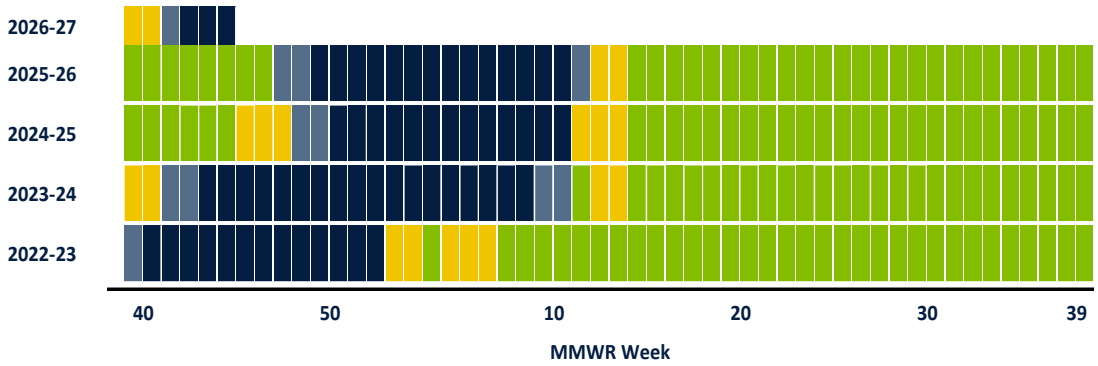


County ILI Percent



No color fill indicates either no reporting provider in the county or the reporting provider in the county did not participate for the week.

State ILI Activity Level by MMWR Week, 2022-23 Influenza Season to Present



ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

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Influenza-Associated Hospitalizations And Deaths

Influenza-Associated Hospitalizations by Age Group*						
	No. of Hospitalizations (Rate)					
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	197(3.9)	7(2.5)	5(0.6)	38(1.9)	50(5.0)	97(10.8)
2026-27	749(14.7)	32(11.2)	30(3.6)	115(5.6)	166(16.5)	406(45.0)
2025-26	74(1.5)	1(0.4)	2(0.2)	12(0.6)	12(1.2)	47(5.2)
2024-25	64(1.3)	2(0.7)	0(0.0)	10(0.5)	14(1.4)	38(4.2)
5 Season Average	276(5.4)	10(3.4)	18(2.1)	61(3.0)	53(5.3)	134(14.9)

Influenza-Associated Deaths by Age Group*						
	No. of Deaths (Rate)					
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	1(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	1(0.1)
2026-27	7(0.1)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	7(0.8)
2025-26	1(0.0)	0(0.0)	0(0.0)	0(0.0)	1(0.1)	0(0.0)
2024-25	2(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	2(0.2)
5 Season Average	6(0.1)	0(0.0)	0(0.0)	0(0.0)	1(0.1)	5(0.5)

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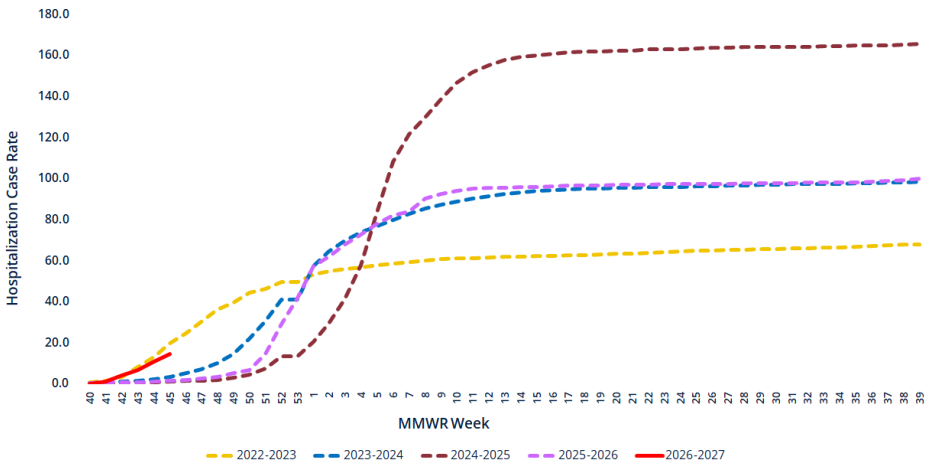
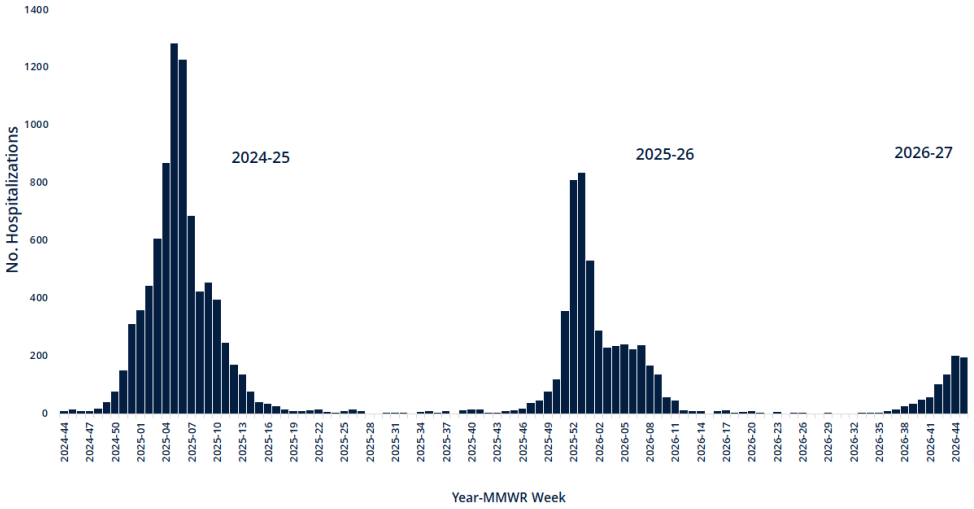
Cumulative Hospitalization Rate for Past and Current Seasons



Reported Influenza-Associated Hospitalizations, 2024-25 Season to Present



Influenza-Associated Deaths by Region

