



SC SCHOOL NURSING SKILLS TOOL
WITH OPTIONAL REVIEW AND/OR KNOWLEDGE SELF-ASSESSMENT
(this is primarily for the RN but much will apply to the LPN also)

This form can be utilized or adapted to evaluate experience, knowledge and skills in areas that are important to the practice of school nursing. Assessment findings can be used to assist in the hiring process, for developing a personal professional development plan, or for self-assessment.

Use the following rating scale: 1 – No experience / knowledge 4 – Mastery experience / knowledge 2 – Limited experience / knowledge 5 – Mastery experience / knowledge and able to teach 3 – Proficient experience / knowledge and supervise others

MANAGEMENT OF COMMON CHRONIC AND ACUTE DIAGNOSES: includes knowledge of the medical diagnosis, common treatments and interventions

ADD/ADHD

Asthma

Life-Threatening Allergies: Food, Insects, Latex, other

Cerebral Palsy

Concussion

Diabetes

Epilepsy

Hemophilia/Clotting Disorders

Sickle Cell Disease/Trait

Seizure Disorder/Epilepsy

Substance Use Disorder

Anxiety

Depression

Bi-Polar Disorder

SNPAC December 8, 2025

Head Lice

LAWS & RESOURCES RELATED TO THE PRACTICE OF SCHOOL NURSING IN SC:

SC Nurse Practice Act and Related Licensure In Good Standing Requirements

SC Board of Nursing Advisory Opinions & Position Statements

Childhood Immunizations and SC State Requirements for School Attendance & Exemptions

SC DPH School Exclusion List and Reportable Diseases

SC Student Health & Fitness Act

SC Individual Health Plan Statute Including Student Self-Medication & Self-Monitoring

Seizure Safe Schools- two parts

NASN School Nursing: Scope and Standards of Practice

NASN School Nursing Practice Framework®

SC Comprehensive Health Education Act (CHEA)

CDC: Whole School, Whole Community, Whole Child Model

CDC: School Health Index

History of School Nursing- General

Individuals with Disabilities Education Act (IDEA)

Section 504 of the Rehabilitation Act of 1973

McKinney Vento Act

Mandated Reporting Laws

SNPAC Medication Error Reporting Flow Chart

Do Not Resuscitate Directives

COMMUNICATION SKILLS:

Communicating Effectively When Challenged

Communicating with Adolescents

Communicating with Children

SNPAC December 8, 2025

Communicating with Parents/Guardians

Communicating with Teachers and Administrators

Age-Appropriate Communication

Culturally Sensitive Communication

Communication with Students with Disabilities or Special Needs

Communicating with Students and Families who are not Fluent English Speakers

Managing Conflict

Following a Chain of Command

Maintaining Confidentiality FERPA vs. HIPAA

Nursing Documentation to Reduce Liability

Written communication for the public: Letters, Newsletter Articles, Health Education

Materials (Correct sentence structure, grammar, and reading level)

Developing an Individual Healthcare Plan (IHP) Written Plan of Care for Nurses Based on Assessment Findings

Developing and Communicating Student Specific Emergency Action Plans (EAP)

Telehealth Visit Presentation

ASSESSMENT

Abdominal/GI Assessment

Blood Pressure Assessment

Cardiac/Circulatory Assessment

Hearing Assessment

Neurological Assessment

Oral Health Assessment

Vision Assessment

Respiratory Assessment

Growth and Development

SNPAC December 8, 2025

Muscular/Skeletal

Reproductive Female

Reproductive Male

Skin: Rashes/Bites/Injuries

Injury: First Aid

EQUIPMENT: USE AND MAINTENANCE OF

AED

Audiometer

Automated BP Cuff

Manual BP Cuff

Thermometer: oral, tympanic, temporal, rectal

Scale

Thermometer: oral, tympanic, temporal, rectal

Glucometer/ Continuous Glucose Monitor

Nebulizer

Ophthalmoscope

Otoscope

Peak Flow

Pulse Oximeter

Stadiometer

Stethoscope

Otoscope

Peak Flow Meter

Pulse Oximeter 1 2 3 4 5

Scoliometer

Diabetic Equipment: Pumps, Glucose Monitors

SNPAC December 8, 2025

Oxygen Delivery Devices

Telehealth Cart and/or Equipment

Computer/Laptop

Fax Machine

Copier

Desk Phone/Walkie Talkie/Mobile Phone/Pager

Vision Screening: wall charts, SPOT screeners, stereopsis, desktop

MEDICATION ADMINISTRATION/ASSESSMENT/MONITORING: includes training unlicensed staff per SC laws/advisory opinions

6 Rights of Medication Administration

Asthma Inhalers and other Inhalation Devices

Ear Instillations

Epinephrine per FDA Approved Administration Methods

Eye Instillations

Glucagon Administration per FDA Approved Administration Methods

Inhaled Medications

Insulin Administration per FDA Approved Methods

Injections: Intradermal, Sub Cutaneous, Intramuscular, Intravenous

Medications Via Gastric Tube

Intra-Nasal Medications

Nebulizer Treatments

Oral Medications

Rectal Medications

Oxygen Administration

TREATMENTS AND PROCEDURES: includes training unlicensed staff per SC laws/advisory opinions

SNPAC December 8, 2025

Blood Glucose Monitoring

Carbohydrate Counting

Dressing Changes (Sterile)

Gastric Tube Feeding/Flushing

Intermittent Catheterization (Clean Technique)

Mitrofanoff Cath Procedure

Urine Ketone Testing

Blood Ketone Testing

Positioning of Immobile Patients

Suctioning by Location: Nasopharyngeal, Oropharyngeal, Endotracheal

Suctioning by Depth: Deep and Superficial

Suctioning for Patient with a Ventilator: Open or Closed

Tracheostomy Care

Vagal Nerve Stimulation (Epilepsy)

Ostomy Care

FIRST AID AND EMERGENCY RESPONSE:

Development of Student Specific Emergency Action Plans

Basic Life Support

Emergency Triage: Black, Red, Yellow, Green

Anaphylaxis Identification and Response

Epistaxis

Dental Injury

Eye Injury

Suspected Fracture

Gun Shot Wound

Tourniquet Use

SNPAC December 8, 2025

Head Injury

Bites: Human, Reptile, Animal

Diabetic Care: Hypoglycemia

Diabetic Care: Hyperglycemia

Laceration

Seizure: New Onset

Seizure: Prolonged/Status Epilepticus

Syncope

Suicidal/Homicidal Ideation

Suspected Opioid Overdose

Chemical Exposure

Immobilization Techniques

Sudden Cardiac Arrest

HEALTH SERVICES PROGRAMS:

Mass Screenings per Annual Recommendations

Basic Life Support: AED Management

Field Trip Management: In State, Out of State, Same Day and Overnight

Life Saving Stock Medication Program: Epinephrine, Narcan, and Albuterol

Life Saving Medication Management: Student Specific

Stop the Bleed

Restraint Training

Crisis Intervention and Deescalation Techniques

COMPUTER/TECHNOLOGY SKILLS:

Electronic Health Records/Documentation Retention Systems

Documentation Systems for Training Unlicensed Assistive Personnel (UAPs)

SNPAC December 8, 2025

Applications/Systems Basic Proficiency:

MS Word

MS Excel Spreadsheets

MS Power Point

MS Outlook

Use Email to Include Encryption

Uploading and Downloading Documents

Using Reports to Collect Data for Quality Initiatives

Ability to Schedule and Attend Virtual Meetings (Teams, Zoom, Webex)

Telehealth

Medicaid Nursing Billing: IEP and non-IEP