

Midlands Area MCH Resources

Regional/State Resources

American Red Cross of SC → Central SC Chapter (Regional Headquarters) 2751 Bull Street, Columbia, SC 29201 Phone: 1-803-540-1200 [Central SC](#) | [South Carolina Region](#) | [American Red Cross](#)

First Steps—Early Head Start → Federally funded program that provides family-centered services to infants and toddlers under age 3, pregnant women, and their families.

<https://www.scfirststeps.org/what-we-do/programs/early-head-start/>

SC Office of Rural Health → Family Solutions works to reduce infant mortality, expand community education and improve health outcomes for pregnant women and their families.

<https://scorh.net/family-solutions/>

Children's Trust → Children's Trust administers the federal investment in home visiting for South Carolina - the Maternal Infant and Early Childhood Home Visiting (MIECHV) program.

<https://scchildren.org/our-work/our-programs/home-visiting/>

Prisma Health Healthy Start → Community-based initiative whose mission is to reduce gaps in health outcomes in infant and maternal mortality and morbidity, as well as other health outcomes in the communities we serve.

<https://prismahealth.org/services/other-services/healthy-start>

PEBA Perks → Benefits include necessary prenatal and postpartum care, such as childbirth, miscarriage and pregnancy-related complications. Additional services include breastfeeding support and helping you find services to support your mental health. Coming Attractions, a maternity management program, and MOMS, a maternal behavioral health program, are available to members at no cost.

<https://www.peba.sc.gov/maternal-health>

EMPOWER Palmetto Moms → South Carolina's central digital resource center designed to strengthen maternal health through tailored and accessible data-driven tools and support. Created by the SC Maternal Health Innovation Collaborative (SCMHIC), this digital support portal offers several smart tools.

<https://empower-palmetto.sc.edu/>

SC 211 → is here to help our community find local resources. Dial 2-1-1 or text "help" to 211-211 for further assistance. [SC211](#)

AIKEN COUNTY:

❖ **Children's Place** → Family Resource Center and a United Way of Aiken County agency, serving as a hub for programs that support children and families across Aiken, Bamberg, Barnwell, Edgefield, and McCormick Counties. [Children's Place, Inc.](#)

❖ **Self-Regional** → Offers breast pumps at a discounted price, free online classes, and car seat safety checks. <https://www.selfregional.org/advanced-care-services/womens-center/>

❖ **Cumbee Center** → To support and empower domestic violence and sexual violence victims and their families by providing services, reducing the tolerance of abuse, and advocating for social change. (803) 649-0480 Cumbee Center's crisis hotline offers a 24-hour confidential, immediate, personal and nonjudgmental response by connecting survivors with a highly trained professional team member. [Programs and Services - Cumbee Center to Assist Abused Persons](#)

- ❖ **Helping Hands**→ Helping Hands is committed to enriching the quality of life and well-being of children, youth, and families in need through a continuum of residential and community-based services to improve their health, independent living skills, educational outcomes, and/or resilience. (803) 648-3456 [Helping Hands, Inc. - Aiken, SC](#)
- ❖ **Mental Health America**→ A community-based nonprofit that advocates for those living with mental illness and promotes the overall mental health of all. Welcome Baby provides critical educational materials to each patient at Aiken Regional Medical Center who has a baby. The information focuses on postpartum emotions and mental health concerns and provides a guide that includes relevant information for new parents. Provides car seats, cribs, diapers, and formula to families in financial need. Provides clothing, diapers, and formula monthly when available. [Welcome Baby – Mental Health America of Aiken County](#)
- ❖ **Tri-Development Center of Aiken County**→ Provide, promote and coordinate community services in Aiken County for individuals with autism, head and spinal cord injuries, and intellectual disabilities. Phone: 803-642-8800. [Tri-Development Center Services that we provide - Tri-Development Center](#)
- ❖ **ACTS (Area Churches Together Serving)** → Provide food, clothing, medical assistance, utility assistance, and other services. Client Services M-F at (803) 642-5919 during the hours of 11 am and 3. 340 Park Avenue, SW Aiken, SC 29801 [What We Do - ACTS](#)
- ❖ **Golden Harvest Food Bank**→ The Master’s Table was created to be a place of comfort and support in downtown Augusta. Kitchen serves a hot lunch to more than 200 guests every day, 365 days per year with the help of volunteers. Guests include families with children, veterans, and disabled and homeless neighbors. Located at 702 Fenwick Street in downtown Augusta, and lunch is served daily from 11 a.m. - 12 p.m.
- ❖ **United Way of Aiken**→ **Success by 6** is a collaborative initiative to ensure that Aiken County children get the best start in life by creating awareness of the importance of literacy, early childcare and quality education. 159 Morgan Street, NW PO Box 699 Aiken, SC 29802 P: 803-648-8331 [Success By 6 | United Way of Aiken County](#)

BARNWELL COUNTY:

- ❖ **Barnwell County First Steps**→ First Steps takes a holistic approach to accomplishing its mission of ensuring that all children start school ready to reach their highest potential. They offer services that improve children’s health, strengthen families, expand access to quality early care and education, increase participation in four-year-old kindergarten programs, and help transition rising kindergartners into school. 110 Franklin St., Barnwell, SC 29812. Phone: 803-450-1493. [Programs - Barnwell First Steps](#)
- ❖ **Barnwell County Department of Social Services**→ (DSS) Services: SNAP/TANF benefits, child support, foster care, kinship care, abuse/neglect reporting (24/7 hotline: 1-888-227-3487), and family counseling. Office Address: 10913 Ellenton St., Barnwell, SC 29812. Phone: (803) 541-1200. [South Carolina Department of Social Services](#)
- ❖ **Barnwell County Ministerial Association**→ Provides utility and housing rent assistance, as well as helping meet emergency needs for Barnwell County citizens. 803-259-1128. [Barnwell County Agencies - Barnwell County United Way](#)

CHESTER COUNTY:

- ❖ **Chester County Department of Social Services**→ 115 Reedy St. Chester, SC 29706. (803) 377-8131. [South Carolina Department of Social Services](#)

- ❖ **Carolina Community Actions**→ Provides: *clothing assistance *job training *prescriptions assistance *rent assistance *Workforce Investment Act (WIA) welfare to work programs *assist with heating and cooling 129-A Wylie St Chester, SC 29706 803-385-5205 Hours: M-F 8:30am-5:00pm. [Empowering Communities | Carolina Community Actions](#)

EDGEFIELD COUNTY:

- ❖ **Edgefield County First Steps**→ 416 Calhoun Street Johnston, SC 29832 [Resource Guide - Edgefield County First Steps](#)
- ❖ **Beckman Center - Edgefield Clinic**→ Provides outpatient treatment, psychiatric services, and case management for children and adults struggling with a wide range of mental health disorders. 200 Ridge Medical Plaza, Edgefield, SC 29824. 803-637-5788. [Beckman Center for Mental Health Services | Evidence-based Counseling and Psychiatric Treatment](#)
- ❖ **Cornerstone**→ Provides intensive outpatient services, addiction prevention, intervention, and counseling for those struggling with substance abuse. 603 Augusta Rd Edgefield, SC 29824. 803-637-9336. [South Carolina Addiction Treatment Services - Cornerstone](#)
- ❖ **Women in Unity Food Pantry**→ Food pantry that distributes emergency food and supplemental groceries. 3 Pecan Park, Edgefield, SC 29824. 803-637-2010. [Women in Unity/OUR PROGRAMS](#)

FAIRFIELD COUNTY:

- ❖ **First Steps of Fairfield County**→ A local nonprofit that works collaboratively to ensure that all children start school ready to reach their highest potential. We achieve this goal by engaging families, caregivers, and community partners in high-quality programs and services that improve early childhood development, from before birth through age five. 1136 Kincaid Bridge Road Winnsboro, SC 29180. 803-635-1590. [Fairfield County First Steps - SC First Steps](#)
- ❖ **Closet to Closet**→ A program supplying a variety of gently used school uniforms, clothing and shoes for the family, bedding and other household items. Belva Bush Belton at Fairfield County School District Office 250 Roosevelt Street (behind the former Fairfield High School). 803-635-4607. Wednesday from 9 - 11:30 AM but also opens up by appointment for those who may be in immediate need. [Good Samaritan House | christcentral](#)
- ❖ **Fairfield County Department of Social Services**→ 1136 Kincaid Bridge Road Winnsboro, SC 29180. 803-635-5502. [South Carolina Department of Social Services](#)
- ❖ **Fairfield Community Food Bank**→ Open Tues & Thurs mornings, 10-12 AM. 100 US Hwy 321 Bypass, South Winnsboro, SC 29180. 803-635-9234
- ❖ **Good Samaritan House**→ We offer: Food, Shelter, Job Training, Diet and Hygiene Training, Recovery (Fairfield County). 205 S. Congress Street Winnsboro, SC 29180. 803-635-6986. [Good Samaritan House | christcentral](#)
- ❖ **Fairfield County Mental Health Clinic/ Dayspring Program**→ Provide a wide array of intensive mental health services to children, adolescents, adults, and families with severe symptoms of mental illness, substance abuse (dual diagnosis) and/or emotional distress who are residents of South Carolina. 1073 US Hwy 321 By-Pass South Winnsboro, SC 29180. [Fairfield County Clinic / Dayspring - Counseling Agency - OpenCounseling](#)

- ❖ **Fairfield Behavioral Health Services**→ At Fairfield Behavioral Health Services, we are passionate about partnering with you to help you address your behavioral health needs. Our staff is prepared to offer evidence-based, individualized treatment to help you heal and thrive. Feel free to contact us to discuss treatment options. 178 US Hwy 321 Bypass N Winnsboro, SC 29180. (803) 635-2335. [Fairfield Behavioral Health Services - Winnsboro Drug Rehab](#)

KERSHAWCOUNTY:

- ❖ **Emma's Diapers**→ *Emma's Diaper Boutique is a non-profit organization that believes every baby should always have a clean and dry diaper.* <https://www.emmasdiaperboutique.org/>
- ❖ **United for Baby**→ *Overall goal is to provide an adequate supply of diapers, wipes, training pants, and adult incontinence products to anyone who has a need, to include caretakers, senior citizens, single parents, teenage foster youth who have given birth or are expecting, and any family who has a need for these supplies.* <https://www.unitedforbaby.org/>
- ❖ **Cribs for Kids**→*Prevent infant sleep-related deaths by educating parents and caregivers on the importance of practicing safe sleep for their babies and by providing portable cribs to families who, otherwise, cannot afford a safe place for their babies to sleep.* <https://cribsforkids.org/>
- ❖ **United Way Kershaw County**→ Holsten Center 110 E. Dekalb Street Camden SC 29020 (803) 432-0951 [Get Help - United Way of Kershaw County](#)
- ❖ **Kershaw County Department of Social Services**→ 110 E. Dekalb St. Camden, SC 29020 (803) 432-7676 [South Carolina Department of Social Services](#)
- ❖ **ALPHA Behavioral Health Center**→ Outpatient services for Substance Use and Behavioral Health needs: Individual and Group Counseling, Medication Assisted Treatment, Offender-Based Treatment, Gambling Addiction, Anger Management, Family Solution Program. 208 King St. Camden, SC 29020. 803-432-6902 [ALPHA Services](#)
- ❖ **Department of Mental Health**→ Kershaw County Clinic Outpatient Mental Health Facility for Adults, Children, and Elders Services include Psychiatric Services, Nursing Services, Case Management, Therapy (Individual, Group, Family, and Couples) Mental Health Evaluations, Crisis Management- Walk-ins Individual Placement Support(IPS)- Job Placement and Retention Peer Support Rehabilitation Psychosocial- Mental Health Management in a Group Setting 2611 Liberty Hill Rd. Camden, SC 29020. Office: 803-432-5323
- ❖ **Family Resource Center**→ Child Advocacy Center: Forensic Interviews, Family Advocacy, Counseling, Medical Evaluations, Education, and Outreach Sexual Violence Resources: Crisis Line, Counseling, Hospital Accompaniment, Legal and Personal Advocacy, Prevention, Education and Outreach Teen Pregnancy Prevention. 509 Broad St. Camden, SC 29020. 803-425-4357. [The Family Resource Center](#)
- ❖ **Kershaw County First Steps**→ Kershaw County First Steps is a local partnership dedicated, comprehensive early childhood initiative focused on getting children ready for school and life success. (803) 432-7756. [Resources - Kershaw County First Steps](#)

LANCASTER COUNTY:

- ❖ **Women's Enrichment Center**→*Serving thousands of young women and their families facing an unplanned pregnancy.* <https://www.womensenrichmentcenter.com/>

- ❖ **Lancaster County Department of Social Services**→ The Department of Social Services is a governmental agency that serves children and families and provides case workers and applications for government benefits programs. 1837 Pageland Highway Lancaster, SC 29720. (803) 286-6914.
- ❖ **First Steps - Lancaster**→ Agency offers services that prepare children, usually age 3-5, to succeed in school. Focuses on increasing school readiness outcomes, Early Education, Family Strengthening, Child Care Quality, Healthy Start and School Transition. Promotes literacy and long-term development. 3901 Chester Hwy Lancaster, SC 29720. (803) 286-8000. [Lancaster County First Steps - SC First Steps](#)
- ❖ **Carolina Community Actions, Inc. - Lancaster**→ Provides: clothing assistance, job training, prescriptions assistance, rent assistance, Workforce Investment Act (WIA) welfare to work programs, assist with heating and cooling. 101 S Wylie ST Lancaster, SC 29720. (803) 285-2034. [Empowering Communities | Carolina Community Actions](#)
- ❖ **Christian Services**→ Provides: computer literacy, deposits for subsidized housing, food pantry, thrift store. 101 S White St Lancaster, SC 29720. (803) 285-4444. M-F 10:00am-5:00pm.
- ❖ **Catawba Community Mental Health Center - Lancaster**→ Provides community mental health services to the underserved community and others. 1906 Hwy. 521 Bypass Lancaster, SC 29720. (803) 285-7456.
- ❖ **Counseling Services of Lancaster**→ Agency provides outpatient treatment to alcohol, drug, and substance abusers. 114 S Main ST Lancaster, SC 29720. (803) 285-6911.
- ❖ **Lancaster Fatherhood Project**→ Agency offers parenting skills for fathers. Provides parenting skills, legal counseling, peer support groups, expungement assistance, transportation assistance, employment counseling. 117 S Wylie ST Lancaster, SC 29720. (803) 283-3444. [A Father's Way - A Part of the SC Center for Fathers and Families](#)
- ❖ **GRASP - Great Falls Referral and Assistance Service Project**→ Provide immediate assistance to families and individuals in need that live in the area served by the Great Falls schools. Agency provides: Food pantry, Agency referrals, Short-term crisis assistance. (803) 482-4407. [GRASP Great Falls, SC - Assistance](#)
- ❖ **HOPE in Lancaster, Inc.**→ Provides: food, utility bills, rent and mortgage payments assistance. 2008 Pageland HWY Lancaster, SC 29720. (803) 286-4673. [HOPE In Lancaster | Helping Other People Effectively](#)
- ❖ **The Closet Ministry**→ The Closet Ministry is a clothing bank committed to sharing the love of Jesus by providing quality used and new clothing, shoes, and linens to families facing financial stress. Free medical clinic is held every month on the third Thursday at 6:00 pm. Celebrate recovery on Thursday nights at 6:00 pm. 1426 Great Falls HWY Lancaster, SC 29720. (803) 320-8890.

LEXINGTON COUNTY:

- ❖ **Samaritan's Well**→ Women and Children's shelter. 129 Gibson Ct Lexington, SC - 29072. T (803)785-4357. [Samaritan's Well | christcentral](#)
- ❖ **Mission Lexington Interfaith Community Services**→ Provides assistance to individuals and families who are emerging from hurting situations by providing basic needs and by creating environments that allow people to make hopeful life changes. 216 Harmon Street Lexington, SC - 29072. T (803)957-6656. [Lexington Interfaith Community Services \(LICS\)](#)
- ❖ **Swansea Outreach Center**→ Provides assistance to individuals and families who are emerging from hurting situations by providing basic needs and by creating environments that allow people to make

hopeful life changes. 270 North Second St. Swansea, SC 29160. (803) 568-3112. [Lexington Interfaith Community Services \(LICS\)](#)

- ❖ **SC Department of Mental Health**→ Offers an array of assessment and psychotherapeutic services to children, adolescents and families who are experiencing a variety of mental health problems. 301 PALMETTO PARK BLVD LEXINGTON SC 29072. Phone: (803) 996-1500. [Child, Adolescent, & Family Services - Lexington County Community Mental Health Center](#)
- ❖ **Lexington County Social Services**→ Referrals can be offered along with applications to SNAP food stamps, WIC, and more. Programs include gently used clothing or free food from the pantry. The charity also offers groceries, one-time financial aid for bills, and Christmas meals. 541 Gibson Road Lexington, SC Call (803) 785-7333. [South Carolina Department of Social Services](#)
- ❖ **Sharing God's Love**→ Food supply comes from local merchants, church and school groups, scouts, and other organizations, as well as individuals. Cash donations are used when purchases are necessary. SGL volunteers receive, sort, and organize clothing donated from local churches, individuals, and merchants making it readily available to needy persons within our service area. When it is deemed appropriate and funds are available, limited financial assistance is given in the areas of utilities and prescriptions. 147 Friarsgate Boulevard Irmo, SC - 29063 T (803)732-3188. [Sharing God's Love | Helping Families in Crisis in the Columbia, SC area](#)

NEWBERRY COUNTY:

- ❖ **Newberry County Department of Social Services**→ The Department of Social Services is a governmental agency that serves children and families and provides case workers and applications for government benefits programs. 2107 Wilson Rd, Newberry, SC 29108. (803) 321-2155. [South Carolina Department of Social Services](#)
- ❖ **Newberry First Steps**→ First Steps is a comprehensive state-wide initiative focused on addressing the healthcare, childcare, early education, family strengthening, parenting skills, transportation needs, and service gaps for families and their children from birth to five years of age. 709 Kendall Rd, Newberry, SC 29108. (803) 321-1073.
- ❖ **Living Hope Food Distribution Center**→ Focuses on the needs of the community in the areas of hunger, counseling, youth education, mentoring, health awareness, computer, and literacy skills. 1830 Nance St. Newberry, SC 29108. (864) 341-4251.
- ❖ **Katie Beckett TEFRA Disabled Children Program**→ This program provides benefits to certain children with disabilities who would not ordinarily be eligible because their parents' income and/or resources exceed the limit. 2107 Wilson Road, Newberry, SC 29108. 803-321-2155. [Program Eligibility and Income Limits | SCDHHS](#)
- ❖ **Sexual Trauma Services**→ Provides free and confidential services to survivors of sexual assaults and their families. Offer 24-hour hospital and crisis hotline, individual and crisis counseling, support group services, legal advocacy and court accompaniment. 1530 Main Street, Suite 201 Newberry, SC - 29108. (803)790-8208.

RICHLAND COUNTY:

- ❖ **Family Shelter**→ Mission is to provide temporary emergency housing and supportive services to homeless families in order to enable them to transition to permanent housing and a stable family life. 2411 Two Notch Rd Columbia, SC - 29204. Hours: Monday - Friday, 8:00 am - 5:00 pm. (803)771-7040. [Family Shelter - Homeless Shelters](#)
- ❖ **Oxford House for Women**→ The Oxford House is a self-managed, self-supporting recovery home for alcohol and drug addicts, where shelter, food, case management, individual counselling and group

support are provided. Funds may be available to cover the first month's rent and security deposit. 2304 Hertford Drive Columbia, SC - 29210. T (803) 807-9134. [Oxford House/Home](#)

- ❖ **Oxford House for Men**→ A shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment. 30 Rapids Ford Court Columbia, SC - 29063. T 803-851-0697 [Oxford House/Home](#)
- ❖ **Oliver Gospel Mission**→ Facilitating life transformation among the broken and homeless men that they might radically enhance the community. 1100 Taylor Street Columbia, SC - 29203. T (803)254-6470 [Oliver Gospel - Transforming lives through the power of Christ's love.](#)
- ❖ **Women's Shelter**→ Offers employment aid, legal issues and educational goals for women in crisis. 3425 North Main Street Columbia, SC - 29203. T (803)779-4706. [The Women's Shelter - Helping Women Build Stronger Lives](#)
- ❖ **Sexual Trauma Services of the Midlands**→ Offers free and confidential services to survivors of sexual violence and their families. Offers 24-hour hospital and crisis hotline, individual and crisis counseling, support group services, legal assistance, and accompaniment to court. Monday to Friday, 9:00 a.m. to 5:00 p.m. 3830 Forest Drive, Suite 201 Columbia, SC - 29204. T (803)790-8208. [End Sexual Violence - Pathways to Healing | SC](#)
- ❖ **SCDMH Richland County Community Resources**→ Rental assistance, groceries, utility assistance. [SCDMH-Richland-Co-Community-Resources](#)
- ❖ **Cooperative Ministry**→ The charity provides crisis assistance and support to low-income Richland County residents who are working, receiving retirement or disability income, or that are drawing unemployment benefits from the state. Through the provision of a range of services, the Crisis Assistance Program focuses on providing immediate and short-term assistance toward developing long-term stability. This may include funds, including loans, for paying for food, work supplies, or even back rent expenses. 3821 West Beltline Boulevard Columbia, SC 29204. 803-799-3853. [Financial Empowerment | Columbia SC USA | The Cooperative Ministry](#)
- ❖ **Richland County Department of Social Services**→ The Department of Social Services is a governmental agency that serves children and families and provides case workers and applications for government benefits programs. 3220 Two Notch Rd. Columbia, SC 29204. (803) 714-7300. [South Carolina Department of Social Services](#)
- ❖ **Power in Changing**→ Focuses on the needs of families experiencing financial hardship. Provides diapers and training pants. Based out of Columbia, South Carolina, services the midlands and surrounding communities. Collects donated diapers (and cash donations for the purchase of diapers) that are distributed free-ofcharge to low-income households in South Carolina through existing service providers, including local food banks, daycare centers, social service agencies and shelters. 6615-B Two Notch Road Columbia, SC 29223. 803-281-0013. [Power in Changing](#)

SALUDA COUNTY:

- ❖ **Saluda County Social Services**→ The Department of Social Services is a governmental agency that serves children and families and provides case workers and applications for government benefits programs. 613 Newberry Hwy, Saluda, SC 29138. (864) 445-2139. [South Carolina Department of Social Services](#)
- ❖ **The Potter's House**→ Offer a free after school program for children in need, and are implementing parenting classes and training opportunities to help families break cycles of abuse and neglect. PO Box 1134, Saluda, South Carolina 29138. (803) 480-7862. [Find Family Resources and Assistance Near You](#)

YORK COUNTY:

- ❖ **Tenderhearts**→Community of people working together to change lives through our [women's shelter](https://tenderheartssc.org/), men's shelter, baby care and senior care programs. <https://tenderheartssc.org/>
- ❖ **Palmetto Maternity Home**→Christ-centered home of hospitality where pregnant women in need will find ongoing support and empowerment in their journey toward independence. <https://www.palmettomaternityhome.com/>
- ❖ **Pilgrim's Inn**→ Pilgrims' Inn is a multi-dimensional service agency working to assist those who are homeless, or at risk of homelessness, to move beyond their situation and find independence and stability. In addition to Shelter and Food, our staff and volunteers provide needed resources and encouragement to make the hard choices necessary to see lasting change. 236 W. Main Street Rock Hill, SC 29730. (803) 327-4227. [Home - Pilgrims' Inn](#)
- ❖ **York County Department of Social Services**→ The Department of Social Services is a governmental agency that serves children and families and provides case workers and applications for government benefits programs. 933 Heckle Blvd, Rock Hill, SC 29732. (803) 909-7446. [South Carolina Department of Social Services](#)
- ❖ **PATH**→ They have vouchers for clothing, community information, financial assistance, and some groceries. Those eligible must reside in York School District One. 204 Raile Street York, SC 29745. 803-684-1482.
- ❖ **Clover Area Assistance Center**→ Services and programs are designed to address basic urgent needs. Through food, financial assistance, health related services, and education, their goal is to not only alleviate immediate need, but also to help individuals and families bridge the gap between dependence and self-sufficiency. 1130 Highway 55 East Clover, SC 29710. (803) 222-4837. [Get Assistance - Clover Area Assistance Center - Clover Area Assistance Center](#)
- ❖ **Hope of Rock Hill**→ Provide assistance for food, utilities, kerosene, medicine and natural gas. 504 Oakland Avenue, Rock Hill, SC 29730. 803-328-8000. [HOPE of Rock Hill - Home](#)