



THE CIGARETTE CRISIS



How Commercial Tobacco is Harming Horry County

- Exposure to secondhand smoke increases the risk of heart attack by 25%-35%
- From 2017-2021: Lung & Bronchus Cancer ranked as the 2nd most common cancer diagnosed in South Carolina
- Tobacco users miss more days of work per year due to sickness compared to non tobacco users

OUR OCEANS ARE SUFFERING

3,010 cigarette
butts

were collected on the shores of
Myrtle Beach in just 8 months

HOW CAN I HELP?

- Participate in local [beach cleanups](#)
- Utilize [TerraCycling](#) programs to recycle cigarette butts
- Post on social media to [spread awareness](#) about the harmful effects of tobacco
- To find [lung cancer screenings](#) visit The American College of Radiology website [ACR.org](#)
- Ready to quit smoking? Text 'READY' to 34191

1 IN **5** TEENAGERS
in South Carolina
VAPE

- Studies show vaping nicotine
- increases anxiety
 - intensifies mood swings
 - interferes with concentration

ONLY 5mg of nicotine is needed to
establish a dependency



SOUTH CAROLINA
Tobacco Quitline
QUITNOW.NET/SOUTHCAROLINA 1-800-QUIT-NOW

Tobacco Causes:

12 Types of Cancer
Type 2 Diabetes
Heart Disease
High Blood Pressure
COPD
Rheumatoid Arthritis
Alzheimer's
Dementia
Weakened Immune
System...

**HEARD
ENOUGH?**

