



# Project ECHO 2025 Schedule

## Event Objectives and Speaker Bios

**July 9, 2025**

[Psychosocial Support and Mental Health for Cancer Survivors](#)

**Speaker:** Dr. Kelly Hyland, MUSC Psychiatry and Behavioral Sciences

**Objective:** Describe common mental health challenges in cancer survivors (adjustment disorder, anxiety, depressive symptoms), including symptoms, prevalence, and risk factors. Demonstrate understanding of evidence-based treatments for adjustment disorder, anxiety, and depression in survivors. Name strategies to help survivors navigate barriers to accessing psychosocial support and evidence-based treatment. Deepen understanding of procedures to assess and address psychosocial and mental health concerns in cancer survivors as demonstrated by a case presentation.

**Speaker Bio:** Dr. Hyland is a licensed clinical psychologist and a tenure-track assistant professor at the Medical University of South Carolina. She is the Director of Psychosocial Oncology Research within the Survivorship and Cancer Outcomes Research (SCOR) program at the Hollings Cancer Center. Her research aims to develop, test, and disseminate psychosocial and behavioral interventions to improve symptom management and quality of life in cancer survivors. Dr. Hyland is particularly interested in interventions to improve quality of life in the growing population of survivors living longer with metastatic cancer.

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**August 6, 2025**

[Cancer Treatment and Monitoring After Treatment](#)

**Speaker:** Dr. Brandon Stone, SC Oncology Association

**Objective:** Enhance participant knowledge of head and neck cancers by providing an overview of risk factors, early detection, treatment options, and multidisciplinary care approaches to support improved patient outcomes.

**Speaker Bio:** Dr. Brandon Stone is a board-certified radiation oncologist at South Carolina Oncology Associates in Columbia, SC. He earned his medical degree from the University of Pittsburgh School of Medicine (graduated 2009–2010) and completed his residency at the United States Army Medical Center (2011–2015). With over 16 years of clinical experience, Dr. Stone specializes in advanced radiation treatments, including IMRT, SBRT, and stereotactic radiosurgery, for head and neck cancers and other malignancies. Dr. Stone practices across multiple leading facilities including SCOA, Prisma Health hospitals, and the Columbia VA Health Medical Center. Known for his multidisciplinary approach, he works closely with medical oncologists, surgeons, physicists, and supportive care teams to tailor precision-driven treatments that optimize outcomes while minimizing side effects.

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**September 3, 2025**

[Cancer Survivorship](#)

**Speaker:** Dr. Reshma Khan, Director of Health Services, Shifa Clinic

**Objective:** Describe the development and implementation of a cancer survivorship pilot that utilized electronic health record (EHR) enhancements to flag patients undergoing active treatment and those in remission. Highlight the infrastructure established to support the pilot, share key successes and lessons learned, and provide guidance on how peers can adapt and integrate similar strategies into their clinical practice.

**Speaker Bio:** Dr. Reshma Khan is the Director of Health Services and Founder & Executive Director of the Shifa Free Clinic, a program under ICNA Relief USA, located in Mount Pleasant, South Carolina. Born and raised in Bhopal, India, she earned her medical degree from Gandhi Medical College and completed her OB/GYN residency at Saint Elizabeth Hospital in Youngstown, Ohio. After serving as an OB/GYN at the Ralph H. Johnson VA Medical Center, Dr. Khan launched the Shifa Clinic in January 2012 to provide free, comprehensive care including primary care, women's health, pediatrics, mental health, vision, dermatology, vaccinations, on-site pharmacy, and dental services to uninsured and underserved community members. Under her leadership, the clinic has expanded from a single gynecology room to a multi-specialty facility, including a 5,000 sq ft permanent site with a growing staff and volunteer base. In 2019, Dr. Khan was appointed national Director of ICNA Relief Health Services to guide clinic replication in seven additional U.S. states. Her work has earned recognition including the Presidential Lifetime Achievement Award, 2017

Nonprofit Leader Award from United Way, 2017 Leadership in Diversity Award from the Sisters of Charity Foundation, and the proclamation of August 23, 2017, as “Dr. Reshma Khan Day” by the Mayor of Charleston.

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**October 1, 2025**

[Provider Education and Awareness for Prostate Cancer](#)

**Presented by:** Cancer Control Advisory Committee Prostate Cancer Workgroup

**Objective:** Educate healthcare providers on current prostate cancer screening guidelines, risk factors, and disparities, while promoting evidence-based practices to support early detection, informed decision-making, and improved outcomes in high-risk populations.

**Speaker Bio:** The South Carolina Prostate Cancer Workgroup is a statewide collaborative of healthcare professionals, public health practitioners, cancer survivors, and advocates dedicated to reducing the burden of prostate cancer across the state. With a focus on provider education and awareness, the workgroup promotes evidence-based screening practices, culturally responsive care, and early detection, particularly among high-risk populations such as African American men and those with a family history of the disease. Through webinars, clinical resources, and community partnerships, the workgroup empowers providers with the tools and knowledge to improve prostate cancer outcomes and reduce disparities in care.

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**November 5, 2025**

[Prostate Cancer Referral Workflow](#)

**Presented by:** Cancer Control Advisory Committee Prostate Cancer Workgroup

**Objective:** Share strategies for improving prostate cancer referral workflows by outlining best practices, common challenges, and practical tools that enhance coordination between primary care and specialty services for timely diagnosis and treatment.

**Speaker Bio:** The South Carolina Prostate Cancer Workgroup is a statewide collaborative of healthcare professionals, public health practitioners, cancer survivors, and advocates dedicated to reducing the burden of prostate cancer across the state. With a focus on provider education and awareness, the workgroup promotes evidence-based screening practices, culturally responsive care, and early detection, particularly among high-risk populations such as African American men and those with a family history of the disease. Through webinars, clinical resources, and community partnerships, the workgroup

empowers providers with the tools and knowledge to improve prostate cancer outcomes and reduce disparities in care.

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**December 3, 2025**

[Onco-Fertility](#)

**Speaker:** Dr. Marie Hayes, MUSC Psychiatry and Behavioral Sciences

**Objective:** Increase awareness and understanding of onco-fertility by discussing the impact of cancer treatments on fertility, available preservation options, and the importance of early referral and patient-centered counseling to support reproductive health in cancer patients and survivors.

**Speaker Bio:** Dr. Hayes is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the Medical University of South Carolina (MUSC), where she serves as a clinical health psychologist in the Women's Reproductive Behavioral Health division. She earned her MA and PhD in Clinical Health Psychology from the University of North Carolina at Charlotte, completed her internship at Duke University with rotations in reproductive psychology, psycho-oncology, and behavioral sleep medicine, and then pursued a postdoctoral fellowship in psycho-oncology at Levine Cancer Institute. Her clinical and research portfolio centers on health behavior change and reproductive behavioral health, with particular emphasis on infertility, pregnancy loss, substance use among peripartum populations and leveraging technology to support mental health outcomes. In her role at MUSC, she provides psychotherapy to perinatal patients and contributes to cutting-edge clinical research aimed at improving reproductive mental health care delivery.