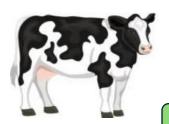


PROTECT YOURSELF FROM H5N1



The virus H5N1 causes avian influenza (bird flu). People can become infected when they have contact with infected animals.

You can protect yourself by:

Wearing protective clothing when working with animals, milk, or wastes.



Washing your hands after contact with animals, milk, and wastes, and before eating.

Not touching your face/eyes with dirty hands.





Not drinking raw (unpasteurized) milk. You could get sick from drinking raw milk from infected cows.

If you develop symptoms or feel sick while working with dairy cattle:

<u>Stay home!</u> Call your health care provider or the South Carolina Department of Public Health at 803-898-0861 and let them know you work with dairy cattle and are feeling sick.

For more information visit: cdc.gov/flu/avianflu